

The Marquette City Commission voted 4 to 3 to opt out of the ordinance to allow commercialized recreational marijuana sales.

## **Commission opts out with narrow vote**

Commercial marijuana establishments not allowed in city limits

### By Sophie Hillmeyer assistant news editor

In November, 62 percent of Marquette residents voted in favor of legalizing recreational marijuana and at Monday's City Commission meeting, Commissioners voted to temporarily opt out of an ordinance allowing commercialized recreational marijuana sales in the city.

NMU students and Marquette residents filled the City Commission chambers to voice their opinions about the benefits and challenges of recreational marijuana

#### bringing sales into the city. Several NMU students, many

studying medicinal plant chemistry, spoke about how they felt it was in Marquette's best interest to allow commercialized sales of recreational marijuana to provide opportunities for students entering this field.

NMU is currently the only university offering this program, so this graduating class will be the first with degrees in this field and the program has drawn in students from around the country, but without opportunities, these students will have to look for work

elsewhere.

"The community will struggle if the youth abandon it," Cody Mayer, junior economics and public administration major, who is running for Marquette City Commissioner said. "It's something we need to consider."

It was also noted that medicinal plant chemistry students are well versed in cannabis commercialization and can help the city in the process.

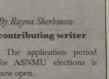
"You have the experts in this room who have been working. on cannabis commercialization, sophomore public relations major

Andrew Lorinser said. "I implore you to bring more people to the table, people like the students here. [Let's] make this work for Marquette," Lorinser is also running for City Commissioner.

There was a comment from Marquette resident, Denise Lovelace, about the unintended consequences of commercialized marijuana sales such as increased crime rate

After the public comment discussions concluded,

See OUT • Page 15



"ASNMU is a great opportunity to network, make friends, learn valuable skills in teamwork, communication and university/government processes," Mayer said in a campus-wide email. "The time commitment is flexible and ASNMU provides a way for you to make sure you and your fellow student voices are heard on ASNMU is NMU's stu-

dent government organization. The organization's homepage states, "We rep-Northern students to adstate of Michigan, as well as provide programs for the

See ASNMU • Page 15

## Letters claim 'reasonable cause to believe' female profs. paid less

### By Tim Eggert editor-in-chief

The announcement of a lawsuit filed by four professors in NMU's College of Business that alleges the university discriminated against them on the basis of their gender has raised questions on the accuracy and legitimacy of the results from an investigation performed by a federal agency involved in the suit.

The U.S. Equal Employment Opportunity Commission (EEOC), a federal agency that enforces civil rights and labor laws against workplace discrimination,

investigated charges made by the four professors-Claudia Hart, Carol Steinhaus, Karin Stulz and Margaret Vroman-in Sept. 2016 claiming the university pays them less than their male counterparts.

According to the complaint, filed by Sterling Attorneys at Law, P.C. of Bloomington Hills on behalf of the professors, "the EEOC determined there is reasonable cause to believe that NMU violated" the Equal Pay Act of 1963 and Title VII of the Civil Rights Act of 1964

In a Feb. 21 op-ed published in The North Wind, NMU Presi-

dent Fritz Erickson claimed information that the Department of Justice and EEOC found NMU to be in violation of pay discrimination is incorrect

"The EEOC has not found Northern in violation of any pay discrimination now or in the past. To date, the EEOC's involvement was participation in a conciliation meeting to resolve these complaints," Erickson said in the op-ed. "Unfortunately, this was not possible. There has been no formal ruling by the EEOC on this case.

Erickson added that NMU's Equal Opportunity Office per-

formed a review of the claims made by the four professors, prior to their filing suit

According to Letters of Deternination obtained by The North Wind and issued by the EEOC Detroit Field Office to the professors and NMU, the EEOC determined there is reason to believe that a violation has occurred.

Specifically, the EEOC investigation into charges filed by Vroman "revealed there is reasonable cause to believe Charging Party was paid less due to her sex from 2013 to present," according to an EEOC Letter of Determination dated Aug. 24, 2018.

Letters of Determination dated Aug. 27, 2018 claim the EEOC investigation into charges filed by Hart and by Steinhaus "revealed there is reasonable cause to believe Charging Party was paid less due [to] her sex in 2013 and 2014," respectively.

Another Letter of Determination with the same date states the EEOC investigation into charges filed by Stulz "revealed there is reasonable cause to believe Charging Party has been paid less due [to] her sex since 2017.

### The North Wind

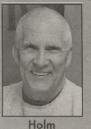
Thursday, Feb. 28, 2019 NMU alumnus

and past administrator dies

### By Tim Eggert editor-in-chief

A NMU alumnus and former Director of Housing and Residence Life died

Carl Holm, 71, earned a bachelor's degree in psychology and a Masters of



Education in Counseling and Guidance from NMU. Holm began his 42-year career at NMU in 1972 as the Resident Director of Halverson Hall and retired as the Director of Housing and Residence life in 2014.

After leaving Halverson in 1976, Holm served in several positions in the Dean of Students office until 1987. That year, two offices, the former Housing and Dining Services Office and the former Residence Life Office, were combined to create what is now known as the Housing and Residence Life Office. He served as Director of Housing and Residence Life for 27 years.

"He loved supporting his children and grandchildren, following their activities, and mentoring them whenever possible," Holm's obituary said. "He enjoyed spending time with his many friends, gardening, feeding wildlife in his backyard, reading about leadership and history, and riding his beloved Harley Davidson whenever possible."

THF NORTHWIND **ONI INF** .COM

## Library creates space for new books

### By Carmen Weinkauf contributing writer

The Lydia M. Olson Library is currently undergoing downsizing changes in hopes of creating space for updated books and incorporating new features like the virtual reality and digital tutoring lab, According to Dean of Academic Information Services Leslie Warren.

going through a weaning pro-cess," Warren said. "Even if we weren't planning on renovating, we are always looking at our collection to make sure it is the right collection for our campus."

This wearing process happens yearly, she said. Library staff looks

### It's going to have much more collaborative space, it will have more study spaces, and it will have more space for creative problem solving with technology.

### - Leslie Warren dean, academic information services

at what books haven't been used, if they are still up to date on accuracy, and if they are in useable condition. The goal is to keep a collection of books that are of value to both students and staff. With the larger renovation coming up in the near future they are

technology." As of now, there is no budget or set date to start the major renovation. Currently, the library is in the process of waiting on an updated timeline. Once the full renovations plans are set changes will be happening to both floors

defensive techniques, tactics

and habits. Students will re-

ceive training in basic strikes,

holds a black belt in Cuong have about movement in any Nhu, a type of martial arts that combines aspects of Aikido, Judo, Wing Chun, Vovinam,

takedowns and escapes from various grabs and pins," Associate Dean/Director of the Tai Chi Chuan and school of Health and Human Boxing. Performance Elizabeth Wuo-Unlike rinen said. "The course will also the Rape include guest speakers from law Aggresenforcement, a psychologist and sion Dean organization that provides fense resources to victims of domestic (RAD) class

> thi course is open to both women and Wuorinen said. men,

There is a RAD class with curriculum specific to men, however the university has not found an instructor yet for the course, Wuorinen said. This self-defense course is

new to NMU, she added

"The School of Health and Human Performance is a natural fit for a course such as this," Wuorinen said. "The more in-

The instructor of this course formation and skill that people form is important. The other aspect of this course is it is about health. Having

the confidence in one's ability is a part of social and emotional health. Anyone

who is interested in learning about defendn g them

selves should take the course, in order to protect themselves

from an attack, Wuorinen said. "Of course the hope is that no one would ever have to use this information and skill but in the event something were to happen, having the knowledge of defense is important," Wuorinen said.

continuing with the normal wean-

ing process, but on a larger scale. The library tries to continuous-

ly incorporate new technology to enhance the library atmosphere. A year ago, they added a digital tutoring media center and this year virtual reality was added. Next year's idea is still in process. Right now the space for new technology is small and somewhat limiting, but when the full renovation "Libraries like ours are always begins these spaces will flow better

throughout, Warren said. "We are on a path that is going to make the library much more user-friendly," she said. "It's going to have much more collaborative space, it will have more study, spaces, and it will have more space for creative problem solving with

NEWS

Sophie Hillmever/NW Library student workers sophomore history major Solomon Gomez and freshman art and design major AK Ikezoe work on shifting, which is a process to create more space after books are removed from the

collection.

of the library. These plans will in- math center over, and better ways clude creating a designated quiet to support the students. At the end study space, place for all tutoring of the renovation the goal it serves to be this includes bringing the our campus in more ways.

## Self-defense course comes to NMU

### By Kelsii Kyto news editor

NMU is unveiling a self-defense course that will help students defend themselves against attackers with defensive techniques, tactics and habits. The one-credit course will be

offered immediately after spring break for the rest of the semes-

"The primary goal of this course will be to teach students

**Students will receive training** in basic strikes, takedowns and escapes from various grabs and pins.

abuse."

### - Elizabeth Wuorinen

associate dean/director, School of Health and Human Performance



NMU's swing club is a welcoming group of people of all abilities who enjoy East coast of modern swing styles of dance. Lessons can be provided if students are unfamiliar with this style of dance. In addition to dancing weekly, the club also holds and helps out with larger dance events to get more people dancing. "My favorite part would be getting to help teach new people how to swing dance," Swing Club President Sarah Robinson, sophomore nursing major said. "It is awesome to see new faces get the chance to let loose and try something new. All the members love getting to help out those who are less experienced to become better dancers and help our little community grow." The group meets from 4 to 6 p.m. every Friday at the Dance Zone, 1113 Lincoln Ave., and everyone is welcome to attend. Don't worry about bringing a partner, there are plenty of people to dance with. For more information, visit their Facebook page, NMU Swinging Cats, or email sararobi@nmu.edu.

Want to see your org. nominated for the spotlight? E-mail news.northwind@amail.com.

### WEIRD NEWS

Charlotte, a pot bellied pig from Ohio, ran out of her yard after being let outside for a routine pottybreak. Police captured a video of the pig hoofing around the neighborhood. Charlotte's owners noted how social she was and figured she was probably just looking for new friends, law enforcement said when they approached Charlotte, she was "excited to meet her new fans." In order to get Charlotte home safe, police created a barricade with their cars so she wouldn't stray too far from home. It was at this time when Yvette, Charlotte's owner, showed up with an offer she knew the portly pig could not refuse; a package of Most-Stuf Oreos. Yvette fed her some Oreos to butter her up before putting her on a leash and escorting her home.

- Compiled from news sources

### NEWS

### Consent and relationships workshop to be held

By Sophie Hillmeyer assistant news editor

The Consent and Healthy Relationships workshop, part of the Consent: Back to the Basics campaign will happen today and cover consent, what to do when relationships go wrong, when it is time to get out and how to find help.

According to Planned Parenthood, consent is defined as, "actively agreeing to be sexual with someone." Student input from a 2017-2018 campus-wide survey motivated a group of students and faculty to create this consent campaign and help educate NMU students about it, according to the grant application narrative written for the Michigan Campus Sexual Assault Grant Program.

Consent, the focus of this years' grant, was based on evaluations from last year's grant, which revealed that the NMU student population does not understand and recognize the idea of consent, NMU Title IX Coordinator Janet Koski said.

NMU received over \$15,000 from this grant in 2018.

One of the successes from last year's grant money was bringing Cindy Pierce to campus to discuss healthy relationships and 366 of the over 500 participants completed evaluations in response to the question, "Do you feel your peers at NMU have a clear understanding of consent," 175 responded "yes," 60 responded "no" and 101 responded "unsure," according to the application narrative.

The event will be led by Associate Dean of Students, Mary Brundage and Koski.

Understanding consent and sexual violence are important, especially at college campuses, where sexual assaults can occur, the grant application narrative states.

"Students should attend this event to feel more comfortable when talking about such hard topics like consent, healthy relationships and sex," junior social work major Ravyn Rooney said. "Consent gets blurred [out] on college campuses so it is our job, as a community, to clear up all of the confusion with these skill builders."

Rooney is one of the students who was a part in completing the application that got NMU the grant to fund these events.

"Whether you understand everything about these topics or need a little refresher, this event will offer everyone the opportunity to learn something new and challenge what they think," Rooney said. "If students are to attend this skill builder, they will be able to identify the key components of relationships. Students will be able to apply what they learned at the skill builder to their everyday lives."



NEWS

## **World Affairs Council Lecture**

Thursday, Feb. 28, 2019

### Arms Control Association member talks nuclear arms

### By Kelsii Kyto news editor

Nuclear arms and international relations were the topics of discussion for the fourth week of the World Affairs Council lecture series that took place Tuesday, Feb. 26 at noon

Kelsey Davenport of the Arms Control Association led the virtual lecture, while a full classroom of students and community members from Jamrich room 1320 participated in the event.

Davenport began her talk by explaining the Non-Proliferation Treaty. Many think the NPT "does not face any serious threats," being

### The principal threat today is not deriving from the number of nuclear weapons.

- Kelsey Davenport **Arms Control Association** 

Davenport said there is a ques-

tionable lack of commitment to

arms control by the five established

nuclear weapons states: China,

France, Russia, United Kingdom

"This is particularly visible in

how the United States is approach-

and the United States.

one of the most successful treaties in international law by helping to de-escalate the nuclear arms race, Davenport said.

"Without question, the United States has been very critical in driving these successes in the NPT," Davenport said.

Past U.S. presidents of both ma-

### SUIT Continued from Page 1

One of the attorneys representing the professors, Brian Farrar, said in an interview that Erickson's characterization of



Farrar

the EEOC's investigation in his op-ed was "misleading."

"The EEOC is not a court of law, but downplaying the EEOC findings and to say they didn't reach a determination and only had to do with conciliation is misleading," Farrar said. "Determination letters are not given out routinely. They looked carefully and seriously determined this."

When the EEOC determines there is reason to believe that a

jor political parties from Lyndon B. Johnson to Barack Obama engaged in negotiations to limit nuclear risk, Davenport said. However, this bipartisan value is being challenged by the Trump Administration, she said. The severity of these policy decisions are not such that the next president will simply be able to reverse and put the United States back to the pre-

Trump era bipartisan consensus on arms control, Davenport said. "What we're actually seeing is a much more fundamental shift that's having ripple effects throughout the international community and again threatening those foundations," Davenport said.

enport said, referencing Trump pulling out of the 1987 Intermediate Range Nuclear Forces treaty, which called for the destruction of nuclear-armed ground-launched ballistic and cruise missiles with ranges between about 300 to 3,400 miles and their infrastructure.

The United States is taking problematic steps like this, which negatively affect its international relations, Davenport said. The beginning of the expansion of nuclear arms increases the likelihood for a nuclear arms race between the United States and Russia, and also increases the likelihood for nuclear war, she added.

The widening of the scenarios under which the United States may use nuclear weapons, which is paired with the ambiguity under which Russia would use nuclear weapons does not bode well, Davenport said.

This really is quite concerning," she said.

With all of these conflicts, it is clear that the Nuclear Non-Proliferation and Arms Control architecture is in jeopardy.

The United States needs to look to the past to how to approach arms control in the future, Davenport said.

"The principal threat today is not deriving from the number of nuclear weapons, but rather the types of nuclear weapons that are being developed, the new nuclear systems and the relaxation in doctrine that make these systems more likely to be used," Davenport said.

the EEOC decides not to litigate, the charging party will receive a Notice of Right to Sue and may file a lawsuit in federal court within 90 days, according to the EEOC website On or about Dec. 18, 2018,

We had silence from NMU and felt we had no other choice but to file

> - Brian Farrar attorney, Sterling Attorneys at Law, P.C.

The scheduled conciliation conference occurred in Oct. 2018, during which the attorney representing NMU "walked out in the middle," Farrar said.

"We were willing to keep discussing," Farrar said. "We're not the ones who closed the door on discussion."

When conciliation does not succeed in resolving a charge, the EEOC has the authority to enforce violations of its statuses by filing a lawsuit in federal court. If

the EEOC notified the professors by letter that their cases had been referred to the U.S. Department of Justice (DOJ) for review. 'We had silence from NMU

and felt we had no other choice but to file the suit." Farrar said. "It was a last resort."

The DOJ is still reviewing the findings of the EEOC and may also bring charges on its own.

NMU Chief Marketing Officer Derek Hall said he was unable to comment at this time.

NOW HIRING: News Editor **Opinion** Editor Sports Editor Features Editor Apply at **301** Gries Hall

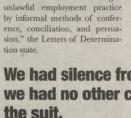


March 3-10, 2019

Enjoy delicious \$10 lunch and \$25 dinner specials from participating downtown restaurants, including:

Aubrees Pizzeria & Grill Border Grill Casa Calabria Delft Bistro Digs Gastropub Donckers Elizabeth's Chop House Harley's Restaurant & Lounge Iron Bay Marketplace Lagniappe Cajun Creole Eatery The Northland pub The Pasta Shop Piedmont The Portside Inn Stucko's Pub & Grill The Vierling Restaurant Togo's Submarine Sandwiches Vango's Pizza & Cocktail Lounge Zephyr

906 Sports Bar & Grill



ing arms control treaties," Davviolation has occurred, "it shall endeavor to eliminate the alleged

Thursday, Feb. 28, 2019 www.thenorthwindonline.com



### ASNMU reps should prioritize student interest

It's official: ASNMU election season is underway. This week, ASNMU President Cody Mayer sent an email to the student body detailing the process to file to run. As candidates begin declaring, it offers an opportunity to reflect on what we as students expect of our student government and representatives.

**NORTH WIND** 

First and foremost, our representatives should represent us. Student interests should always come first. This means addressing things that actually matter to students, and not wasting time and resources on redundant or unnecessary projects. The things that ASNMU work on and expend resources on should directly improve the lives of NMU students. This also means following through on proposals and ideas. Too often, projects get swept aside before completion. The energy spent by our government should be selective and focus on executing correctly.

Additionally, it cannot be stressed enough how important good communication is between ASNMU and the students. People should know what is going on in their government, and ought to receive updates from their representative. They should also be comfortable

approaching their representatives and be able to convey their ideas and concerns to them. That means that those elected should prioritize making themselves not just available, but an active resource for their constituents.

OPINION

The most important component of a healthy relationship between government and the people is building trust. This means not making false promises with no intention of keeping them in order to drum up support during election season. It also means committing to transparency and accepting the role that students and media play in keeping government accountable.

Lastly, representatives should be devoted to fulfilling the duties of their position and focusing on their role in our government. We understand that everybody is a student, but those who choose to offer themselves for public service should accept the responsibility that comes with that service. Student government should be for genuinely serving the students and not just be a stepping stone to better position people on their career paths.

ASNMU elections will take place the first week of April.

## THE NORTH WIND

Tim Eggert	editor.northwind@gmail.com	Editor-in-Chief
Kelsii Kyto	news.northwind@gmail.com	News Editor
Sophie Hillmeyer	assistant.northwind@gmail.com	Assistant News Editor
Riley Garland	opinion.northwind@gmail.com	Opinion Editor
Isabelle Tavares	features.northwind@gmail.com	
Alex Skinner	sports.northwind@gmail.com	Sports Editor
Sam Rush	design.northwind@gmail.com	Layout Editor
Jackie Jahfetson		Copy Editor
Jessica Parsons		Copy Editor
Tyler Penrod	nwindads@gmail.com	Business Manager
Samantha Metcalf	sam.nwsales@gmail.com	Sales Representative
Elijah Lemard	elijah.nwsales@gmail.com	
Jackie Stark		Adviser

The North Wind is an independent student publication serving the Northern Michigan University community. It is partially funded by the Student Activity Fee. The North Wind has a circulation of 2,500 and is published every Thursday during the fall and winter semesters except on university holidays and during exam weeks. The North Wind is published by The North Wind Board of Directors, composed of representatives of the student body, faculty, administration and area media. Subscriptions are available for \$40 a year or \$25 a semester.

## Reconnecting our children with nature



"What's your Wi-Fi password?" should not be the first thing that blurts out of my 10-year-old cousin's mouth when I see him for the first time in a year. The ingredients to a wholesome adolescence should include a sprinkling of scraped knees, two cups of getting double-dog dared to eat a squirmy worm and a pinch of creating floral chalk murals on your driveway. Fortunately, that's what my childhood consisted of. An initiative that focuses on connecting children back to nature through educational experiences is sweeping across the nation: the rewilding our children movement.

Rewilding has been a common term when discussing endangered animal populations, like the rewilding of bison in American prairies. Like the bison, an important population has fallen prey to something that dissects their connection to the land. The machine: phones. The target children. Young, impressionable minds are a part of this massive movement to indoor spaces and one too many children do not have dirt underneath their fingernails.

Some children do not have access or the opportunity to utilize green spaces, though. Environmental inequality throws severe storms for families with lower socioeconomic status, as suggested in "Childhood Development and Access to Nature from the University of Colorado. Meaning, non-white races are predominantly exposed to harmful pollutants with less access to nature, based on unequal city zoning. Regardless of access to nature, children are increasingly zoning in on screens, not sky. It's time to return to the teenieboppers, not screenieboppers.

The rewilding movement is vital to human ingenuity. If children are allowed freer-reign in nature, this allows for them to build independence, create

neural pathways for inventive thinking and become stewards of the earth based on their bond with nature. The three main areas that children are inundated with belief-shaping information are at home, at school and

through media. Based on the assumption that human behavior is learned, children with indirect or vicarious experiences with nature may feel less inclined to lead a sustainable life. This ideology percolates through generational cracks as these sustainably-unaware parents raise their children with a mirrored mindset. A 2015 report from the National Environmental Education Advisory Council found that environmental education through a mix of audiences, providers and activities creates outcomes such as academic improvement, stewardship and social equity. Through K-12 curriculum, multi-day experiences in nature and environmentallyminded government agencies, children can get a multidimensional view on how they play a role in shaping the future of the climate.

Sustainability is a habitual practice, not something that can easily happen overnight. If sustainability is a part of early developmental thinking, those seeds might blossom into careers such as environmental engineering, environmental education or climatology. These fields actively contribute to research and knowledge that will increase earth's longevity and health. An exhibit by The Economic Policy Institute said that in the next 10 years, sustainability strategy and growth strategy will become one in the same and 93 percent of CEOs see sustainability as a crucial part in the success of their

It is my hope that through integration of environmental education through schools, awareness in the home and community, children will become more connected to the earth that sustains them. If the rewilding movement gains traction, maybe the next time I see my cousin he'll take me to his scrappy tree fort that he built with the extra time not spent on a screen.

## WRITERS WANTED

The North Wind is hiring opinion writers who can intelligently argue one side of political and social campus issues. To apply, stop in The North Wind office at 301 Gries Hall, 1401 Presque Iale Ave., Marquette, MI 49855

#### The North Wind

6

#### Thursday, Feb. 28, 2019

OPINION

## Hookups trade romance for cheap pleasure



In my adolescence, I fantasized about my future love life and the promiscuous adventures I would have when I finally escaped my hometown. TV portrayal of love stories and drama of adult relationships gave me and my peers something to look forward to. We formed ideas about our social and sexual lives being exciting in college, but that excitement has all but faded into the bare-minimum efforts of hookup culture.

Hookup culture is the idea that casual sexual activity is the norm. Supporting this norm is the idea that physical intimacy is separate from emotional intimacy, and if you don't get them crossed you can have a good time.

Many students like myself are not looking for commitment because we're still figuring out who we are and already struggling to maintain our busy schedules. However, just because we're not looking for a relationship doesn't mean we don't want to share intimacies. Dating doesn't seem to be an option because it's supposed to lead to long-term commitment. The hookup culture tells us we don't have to worry about that we can supposedly have immediate gratification with none of the pressure of hurting someone's feelings.

Don't get me wrong, I'm all for sexual experimentation and don't believe you have to be in a committed relationship to have sex. Many people, including myself, have been comfortable with safe, casual sex. However, it's important for me to share the discomfort surrounding it, especially since the issue lacks dialogue. There is a lot of pressure to

participate. As a female, I've felt as though feminism celebrates hookup culture as empowering women, because it negates a history of shaming women for promiscuity. Meanwhile, males are stigmatized to be constantly horny and unemotional, but the ones I've talked to tend to feel used and cheapened by their

sexual experiences.

Social media has created a narrative around sex that makes it seem like everyone is doing it all the time. Everyone's on board, so why wait? I want it, you want it, so let's do it. This is usually executed with the help of an alcoholic beverage or seven. However, just because sex is something we all do doesn't make it a commodity. It's intimate, and therefore

However, just because sex is something we all do doesn't make it a commodity. It's intimate, and therefore complicated.

complicated. It cannot be fully separated from emotion. But the hookup culture makes this seem like just a part of the game.

There's a popular idea that we need to have enough sexual experience to get better at it. Yet, the things you learn when hooking up are rarely beneficial for you long-term. Learning what someone likes takes time, and we're all different. The fast pace of

hookup culture doesn't leave a lot of time for exploration. Anecdotally, it seems that a lot of heterosexual women are focused on the guy's pleasure and not their own. There really isn't time to do that in one night, so that becomes a second priority. Is this really giving us what we want?

In my experience, being with one guy in a long-term relationship taught me about how to do

the act well, but being with sev-

eral guys short-term left me un-

satisfied and pitying their lack

of skill. The circumstances of a

hookup are not ideal for learning

There's a time-pressure when

it comes to sealing the deal too.

We think we should be opportu-

nistic about having sex and take it

where we can get it. Why are we

so impatient? Unrealistic expecta-

anything.

tions set by porn is part of it. This is how many of us learn about sex, and has created the need for immediate gratification. Even though we know real life isn't like that, it conditions us to seek it.

Hookup culture works too fast and causes emotional confusion. As an empathetic human being, the most uncomfortable part of the culture is confusion about the emotional aspect of intimacy. While you're on the same physical wavelength, you're probably on different emotional wavelengths. Some people are sure of their feelings, while others want to turn a hookup into something more. Sometimes you want to avoid seeing them ever again. There's no avoiding this imbalance, and it's inevitably uncomfortable.

It is absolutely crucial to focus on finding someone you are comfortable talking to. Being able to express boundaries is important and will make you feel so much more comfortable. Don't let the pressure from your friends make you feel obligated to be intimate with someone. Take your time with someone before you decide to hop into bed with them.

## **Global warming in context**



Sometimes it seems like the snow never stops coming. A few weeks ago, we had temperatures nearing -50 degrees Fahrenheit with windchill. You've probably seen videos of people sledding off their roofs, pictures of frozen eyelashes and I'm sure all of you have gotten your vehicles stuck in a Northern parking lot.

You've probably also seen a lot of Facebook posts saying, "The U.P. could use a little global warming!" or "How can you say global warming is real when we're having record-breaking snowfall and temperatures?"

These posts are not only annoying, but demonstrate complete lack of understanding about global warming. Quick and easy research will show that global warming causes an increase in extreme weather — including polar vortexes and winter storms. Global warming (and, in turn, this extreme weather) is caused by climate change. Contrary to popular belief, the terms are not synonymous.

The term "global warming" first appeared in the title of a 1975 article by geochemist Wallace Broecker titled "Climatic Change: Are We on the Brink of a Pronounced Global Warming?" Previous to this article, human impact on the climate was referred to as "inadvertent climate modification."

In 1979, the National Academy of Science published a study on the effect of carbon dioxide on climate. Its chairman, Jule Charney, set a precedent of using "global warming" in reference to surface temperature change, and "climate change" when discussing the numerous other results of increased carbon dioxide emissions.

In scientific journals and discussion, global warming is an increase in the average surface temperature of earth as a result of rising greenhouse gas levels. Climate change is a long-term change in the climate of either a specific region or the world as a whole.

This distinction makes a lot of sense. Thus, it's irritating when someone who denies climate change uses the fall of snow to try and argue against the scientists who have proven the occurrence of both global warming and climate change. In fact, besides showcasing their ignorance, they're providing more evidence of the extreme weather that comes with global warming and climate change.

I'm not trying to say that we never had this much snow, this magnitude of wildfires or as many hurricanes before our significant negative impact on the environment. The world has always known extreme weather and natural disasters, but since the Industrial Revolution, the frequency and scale of these events are ever-increasing. Global warming has been proven to cause more extreme droughts and heat waves, which makes sense with the word "warming" in the term. But how is global warming responsible for record-breaking snowfall in recent years?

According to climate scientist Illisa Ocko, the warmer our atmosphere is, the more evaporation occurs. As evaporation increases, so does the amount of moisture our atmosphere is holding. If there's less moisture in the air, less snow can fall. That means that with more moisture comes more snow. So, with that series of events, as earth's average surface temperature increases, so does our annual snowfall and occurrence of blizzards.

The U.P. could not "use a little global warming." Global warming is causing increased amounts of snow. While I understand this concept, and that the warming of earth causes increased extreme weather, I still wish it wasn't called "global warming." People hear "warming" and assume that must mean the Earth is turning into a dessert (and that snow means we're fine). In reality, global warming causes all kinds of extremes. What the U.P. could use are milder winters and a slightly cooler atmosphere.

## — NMU REVIEWS — Wildcat statue unifying, but lacks ferocity

Earlier this year, the Wildcat statue was erected in the heart of campus, standing proudly in front of Jamrich Hall.

The monument was an important and necessary addition to campus. Even though new buildings and features kept appearing across campus, it was missing something that would make it special and specific to Northern. With a cast-bronze mascot standing in the center of it all, it ties everything together.

Although the statue itself was a hefty improvement to NMU's aesthetic appeal, the design could certainly be improved upon.

A mascot statue should be bold, confident and ferocious. The



It lacks ferocity s year, the Wildcat statue looks like atue was it's hissing for catnip. the heart losted of an intimidat

as it's hissing for catnip. Instead of an intimidating and neutral face, it's of frozen in an awkward look of annoyance, with as oversized eyes peering c- at passing students.

The actual body of the Wildcat is shaped with focus on giving the impression of fur. This was done well, but neglected to sculpt and define the muscles of the animal. It doesn't feel like we're looking at a wildcat, but a house cat. That, paired with its stiff paw failing to press the against the rock it's mounted on, leaves it feeling rushed.

Despite its shortcomings, the statue is a symbol of unity and NMU pride, and a welcomed addition to campus.

## FEATURES

Thursday, Feb. 28, 2019 www.thenorthwindonline.com



Photo courtesy of Donckers Local chocolatiers served samples of glazed goodness in competition for one of three prizes: best dressed table, best customer service and best treat. The Superior Alliance for Independent Living (SAIL) hosted their annual fundrasier during one of Marquette's snowier days, yet sweet-toothed attendees still made the effort to satisfy their craving.

## **Trudging for the fudging**

Weather was snow match on Sunday for SAIL's 10th Annual Chocolate Festival

### By Jessica Parsons copy editor

Other than Sunday's pelting snowfall, what's salted, drizzled and covered? Chocolate.

Though many were salty and bitter at the fact the 10th Annual Chocolate Festival, hosted by the Superior Alliance for Independent Living (SAIL), was not rescheduled due to weather, true chocolate-lovers and sweet tooths trudged for the fudge at the University Center on Sunday.

From 1 to 3 p.m., tables of chocolate coated the carpet of the Great Lakes rooms. Donuts decorated with candy, sprinkles and sugary cereals from NMU's Simply Superior lined the walls of its booth, calling over each kind of sweet tooth

Yooper Bars from Sayklly's reminded attendees of another great festival held in Michigan. Milk from Jilbert Dairy and water was served in the center of the room, complimenting taste buds with a refreshing beverage to enjoy with each crunch and chew.

According to SAIL Executive Director Sarah Peurakoski, the chocolate festival is about the community and raising awareness. The event is for a good cause and chocolatiers are excited to have many customers come up to their table and enjoy new treats, Peurakoski said.

Twelve local chocolatiers served samples to compete in three categories: best dressed table, best customer service and best treat. Additionally were raffle tickets for sale at \$1 each or 13 for \$10 to win gift baskets valued between \$250 to \$550 each.

Senior pre-dental and microbiology major Brenda Londrie said her favorite treat was from Towners Pastry and Chocolate Shoppe. Joking to trade away all her raffle tickets, "I'll take all those passion fruit things for all these," Londrie

Also raffled off was a white chocolate truffle tree, standing about 2-feet tall on a table next to Towners' treats. Pearly-white balls of chocolate swirled up and around in the shape of a cone, resembling a tree. Next to this masterpiece were folded yellow paper tree cut outs with names scribbled on them, thrown into a small basket, ready to be picked from.



An assortment of sweet treats from this Sunday's 10th annual Chocolate Festival: fudge enriched brownie, a chocolate doughnut with a strawberry covering and a variety of cupcakes.

With cabin-esque decor and Shane Baker said. matching chocolate bark to fit their up north theme, Donckers won first place for Best Dressed Table. Plaid material laid around paper-folded fire flames as fake woodland creatures and pine cones filled vintage baskets laugh. and crates.

"People seemed to really

Surrounded by woodland decorations and plaid material to compliment the many samples of chocolate bark, "Call me the Lumberjack Chocolatier," Baker said with a

The chocolate fest is the only annual fundraiser for SAIL, as enjoy our Gitchee Gumee Bears said on a Facebook post on their best," Donckers Chocolatier event page. It said, "We are

grateful for the chocolatiers who have given to us. We understand many aren't able to make it due to the weather but those that can, we will have tasty treats. Many chocolatiers have chosen to still come so they [are] on their way too." A Spaniard who never turned his back to the music Marquette Symphony Orchestra's new conductor on his roots, being the 'music cook' and more

By Jackie Jahfetson Copy Editor

Photos by Jackie Jahfetson



Octavio Más-Arocas, conductor of the Marquette Symphony Orchestra, leading more than 60 musicians.

ince. A little place called Buñol, population of 9,618 people. Around the world, it is known for two things: the Mendelssohn-Bartholdy Scholarship in 2011 and traveled Tomatina festival and music. Each year, over 40,000 peo- with him around Europe, working as Masur's assistant in ple gather round, pitching over 115,000 kilograms of the the Leipzig Gewandhaus Orchestra and the Helsinki Rasues rinse off, one thing remains. Rhythm. Melody. Sound. From birth, little Spaniards are fitted with the power of music stands in the classroom, others continue to perform. Maestro Masur's assistant, he was beyond honored. And then there are those who were born musical leaders. And at just 16 years old, Octavio Más-Arocas rose from back.

didn't know any better, so they came and said, 'Can some- a sense," Más-Arocas said. "And so, that was just a very one conduct?' And I just put my hand up and said, 'I'll do unique and special and fantastic opportunity for who I was said, flicking his chin as if trumpets are the kings of the

Everyone in the classroom told him to get up there, but them

"So the next day, I had a rehearsal and I just put my hands up and did what conductors do, and that changed my life. That was the moment that I said 'this is what I want to do for the rest of my life." he said.

an orchestrator for bands across North and South America Grand Marais and said he enjoyed the natural elements the average Joe could not decipher the imperfections, and Europe, including the Filarmonica George Enescu in of this beautiful region. Más-Arocas heard about the Mar-Romania, the Leipziger Symphonicorchester in Germany and the Orquestra Sinfônica da Unicamp in Brazil. At ing the Green Bay Symphony and a musician mentioned and over, he'd comment, "we need more accents, much eight years old, Más-Arocas began buzzing the trumpet that he should check out Marquette. And after Más-Arocas more" or "please don't rush" or "shorten up that eighth and considered a career as a professional musician. How- 'got a call from the MSO saying it was looking for a new note." ever, the moment on stage as a young teenager changed the course of his life

"The conductor of the band got sick and the musicians and worked with him, and he invited me into his life in on each orchestra, someone of that stature, that was so big."

From then on, Más-Arocas went on to study conductthey had no idea Más-Arocas was only playing a joke on ing with David Zinman at the American Academy of originally composed for tuba and piano, is a very intricate with Leonard Slatkin, Emily Freeman Brown and Harold

> While spending summers in the Grand Traverse area Más-Arocas came up to the Upper Peninsula a few times ducted a concert.

South east, tucked in the corners of Spain, a small sic, Más-Arocas studied performance in trumpet in Spain. to the table, and the potential he saw with the orchestra. And then chosen by Kurt Masur — a well-known Ger- And then in May 2018, Más-Arocas was named the new man conductor - Más-Arocas was awarded the Felix principal conductor, making his first debut appearance on Sept. 15 at the Kaufman Auditorium

Currently, Más-Arocas conducts the Mansfield Symphojuiciest tomatoes on the streets. But after the tomato tis- dio Orchestra. The position came to the Spanish native a ny Orchestra in Ohio and he's the director of orchestras couple weeks after his debut New York concert where he and professor of Orchestral Conducting at Ithaca College shared the podium with Masur and the Manhattan School in New York. And along with a conductor-in-residence at music, Though some seek different careers and leave their of Music Symphony. When Más-Arocas got the call from the Cabrillo Festival of Contemporary Music in California and in charge of the Interlochen Philharmonic at the Interlochen Arts Camp in Interlochen, Michigan, Más-Aro-"He was one of those very famous conductors of the cas's schedule is extremely hectic. Between conducting a the trumpets, stood upon the podium and never looked last 60 years, and overall one of the well-respected con- concert every weekend and adding two young children to ductors. So he started this scholarship and handpicked one the mix, he said he has to prioritize his time very efficiently or two conductors per year...I went with him everywhere and set aside a certain amount of time each day to focus

Más-Arocas returned to the Kaufman last week for Satit!' Because [you know how] trumpets are," Mas-Arocas at that point to see how someone at that level operated urday's performance where it featured the world-premiere and how much love for music he actually had. To be with tuba concerto titled "Under Mountains of Ocean," composed by Nelson T. Gast and featured tuba soloist Evan Zegiel who won the MSO's 10th annual Youth Concerto Competition. "Under Mountains of Ocean." which was Conducting at Aspen to completing his doctoral studies piece of music that was not only challenging for the tuba soloist, but it's very "virtuoso" with a "fast-paced" tempo with lots of different notes. Más-Arocas said.

During Friday night and Saturday morning's rehearsals, where he conducts the Interlochen Center for the Arts, the MSO ran through its three selections while Más-Aro cas articulated his musical skills, stopping the performance But Mas-Arocas didn't think he'd grow up and become as a tourist. One time, he backpacked from Munising to to critique the way the musicians were playing. Though quette Symphony Orchestra (MSO) when he was conduct- in with his wand, ceasing the instruments to silence. Over

But being in charge of 60 or more musicians is not about control, it's about empowerment, he said, adding, he has Trying to learn everything there is to know about mu-

"When you have the orchestra in front of you and the audience behind you, you're the link between them. There are moments within the performance where you can feel them, they are connected. You feel that energy emanating orientations, what happened in their lives or what they're thinking, they come to the concert and they're sitting there, we're sitting there. We're performing, they're listening. You leave all of that behind. That's what music does."

Though each MSO performance attracts a large attendance, selling out shows like wildfire, Más-Arocas hopes to involve more of the community into the orchestra. Collaborating with the Hiawatha Musical Festival, Más-Arocas incorporated some new themes into Saturday night's concert such as inviting the bluegrass quartet Westbound Situation to the stage, and accompanying them with a piece called "Whiskey Before Breakfast."

Moving forward with the orchestra, Más-Arocas wants to continue embracing other styles of music into the orchestra instead of the traditional, classical stance it upholds. The MSO conductor said it's important to work with inclusion, not exclusion.

"I hope to be more involved with the community, and making the community aware of the treasure they have It's a really unique organization," he said, adding, "And of course, there are challenges, but we need to just face those challenges and transform them into opportunities."

Music is something that brings people together, Más-Arocas noted, explaining, it's a "language" that everyone can understand. With each new place and different musicians, the music keeps everything in line. Sometimes Más-Arocas conducts in places where he barely speaks the language. but there are those transversional Italian words composed within the music every musician knows and that's all you need, he said. A conductor's job is to communicate the music using your hands, your face, your body movements to make sure everyone is on the same page.

"It reminds me of the tomato fight in Spain, because thousands and thousands of people come to my town from all over the world. You may be standing at one point and you can hear many, if not all of the languages of the world. And people who don't know each other, they come and



A cellist's sheet music from a Marquette Symphony Orchestra concert.



Octavio Más-Arocas after a preformance.

throw tomatoes. Collectively, there's something going on even if it's as brutal as a tomato fight," he said. "It reminds me a little bit of what happens in music because you have a feeling of community and you can feel it in the air. I don't know what it is. Human spirit? Brotherhood? Whatever it is, it comes down to everyone. Music is there and it doesn't distinguish between races and classes and things like that.

A conductor is like a "music cook" that distributes menus to the audience, he said. It's not his job to be picky about the quality of the music. Over the years Más-Arocas has learned to appreciate all music as good music and present the "best menu" to the audience. And even though there are moments where he's consumed to a desk going over musical scores, when he gets to the rehearsal, it's like a party. It's within those moments that reminds him of how music has transformed his life.

"Sometimes I wonder if it was a gift or a curse? Because being born in this town, no one asked me what I was going to be when I grow up. They would ask me what instrument are you going to play? I never imagined I'm going to be a policeman or a writer. To me, it was I'm always going to be a musician," he said. "It could have gone badly but it's going well so far. It's a privilege because I get to work with so many people. What could have happened if I wasn't born in Buñol?"

tomato fight in Spain, because thousands and thousands of people come to my town from all over the world. You may be standing at one point and you can hear many, if not all of the languages of the world. And people who don't know each other, they come and throw tomatoes. Collectively, there's something going on even if it's as brutal as a tomato fight," he said. "It reminds me a little bit of what happens in music because vou have a feeling of community and you can feel it in the air. I don't know what it is. Human spirit? Brotherhood? Whatever it is, it comes down to everyone. Music is there and it doesn't distinguish between races and classes and things like that."

"It reminds me of the

**FEATURES** 

## **Review: Earnest Ernest's musical proweress**

#### By Sam Miess

contributing writer

Not all first time introductions are as glamorous as a live show. In this age of technological connectedness, discoveries are more often and drum combo, dive bombing prompted by finger taps on down the neck of the guitar only screens then inadvertent run-ins to swoop back up into the higher at concerts. With this being said. my local music search stayed within the cinderblock walls of

1 Martin Martin		
Band: Earnest Ernest		
Members: Zachary Brooks, Wyatt Smith, Nic Hinsa & Tristan Luoma		
Genre: Math Rock		
Rating:		
****		

Van Antwerp Hall this week. Surrounded by empty pudding cups and half-finished biology homework. I took my first dip into the rocking, rhythmic pool of Earnest Ernest, Based out of Marquette, this self described Great North emo band consists NMU senior Zachary of Brooks, Wyatt Smith, Nic Hinsa and Tristan Luoma. Their demo, which was recorded here in Marquette, contained two songs.

The first song on the demo, "Unconfident," introduced the musical prowess of the bands' four members. Weaving through delectable scales and accented chords, Brooks' guitar soared musical like a falcon over a linked bass octaves. The muscular bass, provided by Hinsa, supported this level-headed introduction, then thrusted it forward like an olympic shot putter into the

bashing second half. This is joined by the lively flare of Luoma's trumpet, fanfaring over powerhouse drums and a distortion cloaked guitar. Beneath the crafted rhythms and stops, the howling of Brooks could be heard faintly through this bombastic second half, daring the listener to pick out his submerged words.

phrase of the trumpet, the vocals add a complex emotional forcefulness to the ending. This builds itself into a massive cathedral of sound that, with the bend of a guitar and the smack of a tom, abruptly stops.

of buried vocals. Lyrics are often the centerpiece of a song and covering them with other instruments is like KFC taking the varying beat. fried chicken off their menu. it just doesn't make sense. But for Earnest Ernest, the vocals are not supposed to be the centerpiece. Instead they serve as a contributor to something greater. This forces the listener to focus on more than just the does not have any show lined



NMU students and members of Earnest Ernest classify their genre as experimental with emphasis on punk.

song. However, I will say that Seafoam Studios in Detroit com or follow their social media there's a certain sassy, brassy nastiness lacking from the auxiliary trumpet. In the demo Paired with the repeating recordings it hums; I want it to scream.

The second song, titled "Architect," features more saucy crooning from Luoma's trumpet, which flutters above a web of moving guitar passages and a synchronized drum and Now, I'm not the biggest fan bass. The quartet glides like a manta ray through a soupy mix of varying time signatures and accented offbeats, unfazed by

This gliding is decorated with crashing cymbals and a sparkling bell part that stresses the songs finale before fading with a sustained bass note a descending trumpet.

As of now, Earnest Ernest words, but the entirety of the up, but the band is heading to

to record their EP this July. on Facebook and Instagram. If you're impatient, one can hear their live demo at www. earnesternestmgt.bandcamp

Until next time, keep it bopping Marquette.

Lyrics are often the centerpiece of a song and covering them with other instruments is like KFC taking fried chicken off their menu...But for Earnest Ernest, the vocals are not supposed to be the centerpiece. Instead they serve as a contributor to something greater.



Snow tunnels take over campus



Snow piles tower above passerbys, creating a hogwarts-esque feeling. Marquette has surpassed 200 inches of snow this season and it shows

**Boot-scootin' some Folsom Prison Blues** 

Traditional country band to take the stage at Ore Dock Brewing Co.

### By Jackie Jahfetson copy editor

Today's country music has crossed over the pivotal Grand Ole Opry to shadow other elements of pop, rock and rhythm. These musical stylings have broadened its audience from homegrown country folk to city hipsters. Luke Bryan's funky hits of tailgates make for a great dance-off and we all can't help but sing along. But even though it's 2019, there are those classic, Bakersfield stories from Johnny Cash to Merle Haggard that still air on the radio and do the boot-scootin' at the old taverns down the road. And in Marquette-a place where music is structured for diversity from alternative-folk to bluesthose backwoods, honky tonk hits still manage to hang on to the horn of the bull. With an acoustic guitar and a Southern fiddle, a local band aims to keep that tradition alive.

Trailer Hitch of Marquette will string up the stage from 9 p.m. to midnight Friday at the Ore Dock Brewing Co. for a night of country music. Five local musicians, who have been playing together for over 10 years,



Local Marquette band Trailer Hitch maintain true country roots and simple, yet catchy lyrics. All five musicians learned how to play country music from scratch.

will cover hits from the classical country legends of Loretta Lynn to Hank Ir. to more alternative country sounds such as Old Crow Medicine Show and Ryan Adams.

Though they appear like true country folk, most of them started out as rock musicians, lead guitarist and Trailer Hitch's business manager Tom Osier said. In 2006, Osier had moved back to the U.P. after leaving downstate and decided to call up some of his older buddies from high school and said he wanted to start a country band because he felt he was getting too old to be a rockstar

"We sort of started from scratch

learning how to play country music," Osier said. "I listened to it when I was a kid, my parents were into all the classical '70s and '60s stuff. So we got a playlist together and began learning the songs. It took us about six months before we were starting to play out."

Four of the musicians were friends in elementary school and played in bands in high school and in college, and Osier said he wanted to get the old team back together. Along the way, the band picked up another singer, a drummer and then a fiddle player. With three men and two women on stage, there's a variety in song selection but the one thing

that they try to stay true to is the country, he said.

Thursday, Feb. 28, 2019

"The lyrics sort of speak to people as they get a little bit older. The songs are kind of stories about life, I think that's something that's interesting to me. I like the level of musicianship it takes to play country, it's quite a bit more complicated than it seems to play country music guitar properly," Osier said. "You have to play across the changes of the chords versus like in blues or rock, you stick in one scale over a chord progression. Most of the country stuff sounds better if you're playing along the chords, and it's kind of different approach

### in how it's done."

Osier, who handles the events and organizing rehearsals, tries to get the band playing publicly once to twice a month, and they do anything from local bars to party events and wedding receptions. The band tries to play at the Ore Dock once or twice a year and Osier noted they usually attract a "good reception" and the music gets a group of dancers going.

"It's probably the best room in town to play. It's big, it's friendly and it gets a good crowd who likes to listen to music. They just seem to have it really well put together and organized for the music and the bands especially. It's very nice for the audience," Osier said.

Though Marquette fosters a place for acoustic, alternative sounds, country music still transcends to people across the board, he added.

"Most of those songs are pretty universal and they're really well written as far as the lyrics go. I think some of those beats are pretty simple, straight forward and catchy. That was when a lot of this stuff was being created so like any genre, that was the golden era for it," he said.

## **Baile! LSU continues hosting salsa workshop**

### By Isabelle Tavares features editor

Step on counts one, two and three, hold on four. This footwork tempo is the rice and beans of salsa dancing that will be taught at the Salsa Workshop: Let's Dance!, held bi-monthly by NMU's the Latino Student Union (LSU).

Over 200 people attended the first baile, Spanish for dance, held by LSU; shuffling their feet and swaying their hips to a live salsa band, brought from the Grand Rapids area. Since the first event had such high attendance, LSU decided to host bi-monthly workshops to get attendees up-to-step for the upcoming baile in the fall.

The origins of the baile started with the desire to build community through dancing, associate professor of modern languages and literature and LSU adviser, Maria Arenillas said. The next workshop is tonight at ~ ..... at the Whitman Commons. Arenillas said the inclusive event is free and open to everyone, not just students: family, faculty, kids.

'The first one went well, we had more than 40 people,



Students receive salsa dancing instruction at the workshop hosted by Latino Student Union.

although we advertised in two days. It was really a lot of fun. Everyone was committed and it's a good way to get together," Arenillas said. "That's what it's all about, getting together and having fun.

After applying for a grant to the Student Finance Committee. LSU members were able to fund the baile event, workshops

and instructor. LSU President organize the event and Marina Mankee, junior advertise." chemistry major, gains leadership and experience from advertising and organizing the workshops, Arenillas said.

"I give a lot of credit to the students, it's for them. I just applied for the grant,"Arenillas said. "It's a good learning experience for the kids to

The instructor, Devon Grice,

is amazing, Arenillas said. "She is the best instructor we

could ever get. She's good with people, a great dancer, stand-up comedian, a mother, powerful woman and a good role model," Arenillas said.

For workshop returnees, LSU

makes the lessons progressional, so a dancer can advance each time. On the flip side, someone can jump into the dance for their first time, regardless of how many workshops have been held. Arenillas said the workshops are primarily based on learning salsa, but is open to the possibility of other styles, such as merengue.

Although salsa is the predominant Hispanic dance, merengue comes in a close second. Originating from the Dominican Republic, this quicktempo based style has basic steps similar to salsa dancing.

"Something that brings people together is music, it doesn't matter where you're from," Arenillas said. "When we talk about Hispanic and Latino community, it's so diverse and I don't like to think of it as homogeneous. You have people from all different backgrounds. That's the beauty of the workshop."

The last workshop will be held on March 28 and LSU members are organizing it to be held at the Ore Dock Brewing Co. as the debut of building community.

## Ice hockey continues battle against U.P. rivals

### By Ryan Spitza staff writer

From one Upper Peninsula rival to the next, the Northern Michigan University Ice Hockey team now looks ahead to Michigan Tech (MTU) on the final weekend of the regular season after a sweep of then-No. 18 Lake Superior State (LSSU) at the Berry Events Center last weekend to claim the Cappo Cup.

The Wildcats topped the Lakers 4-2 on Friday before a 5-3 victory on Saturday, winning the Cappo Cup which goes to the annual winner of the overall season series between NMU and LSSU, for a third straight season.

Northern is now 17-14-2 on the season and 16-8-2 in the WCHA. NMU head coach Grant Potulny said it was one of the few weekends of the season that his team played well from puck drop on Friday to the final horn on Saturday.

"Last weekend was the first weekend I felt like we played two complete games," he said. "We've played good games before, like maybe we played good one Saturday and then the next Friday we didn't play well. This was our first complete weekend.

"I really feel like we got a lot of that confidence back that we've been lacking," Potulny added. "Our top guys had a great weekend which is obviously very important going down the stretch."

Sophomore forward Joseph Nardi scored the game-winning goal in Friday's contest, which came shorthanded on a pass from freshman forward Griffin Loughran.

Nardi's seventh goal of the season made the score 3-1 in favor of the Wildcats at the 8:34 mark of the second period. Senior defenseman Tony Bretzman also assisted on the play.

LSSU pulled within one goal just 1:08 later, getting a goal from junior forward Brayden Gelsinger for his ninth of the year.

The Wildcats got the goal back

with 17 seconds to play in the second period, with Loughran earning a helper again. This time, Loughran threw a neutral zone backhanded pass to freshman forward Ty Readman for a breakaway chance. Readman beat Lakers senior goaltender Nick Kos-soff to give NMU a 4-2 lead.

12 **SPORTS** 

That score stood as the final, with NMU senior goaltender Atte Tolvanen stopping 22 of 24 shots. Kossoff had 27 saves on 31 Wildcats attempts.

Senior defenseman Philip Beaulieu and senior forward Adam Rockwood had NMU's first two goals of the game, each their sixth of the season.

NMU's top forward line consting of Loggins, Rockwood and Pierce had an even better night on Saturday. The three combined for a nine-point night, with four goals and five assists Loggins scored the first two

goals of the game before Pierce had the final two, including the game winner. All four of the Loggins and Pierce goals came with assists from Rockwood

Freshman forward Garrett Klee had the middle goal for the Wildcats on an assist from junior forward Darien Craighead which made it 3-1 at the 2:12 mark of the second period.

LSSU managed to tie the game 3-3 going into the third on goals from Gelsinger and freshman forward Ashton Calder, before Pierce scored his two goals in the third period.

Tolvanen stopped 26 of 29 Lakers' shots on Saturday, while LSSU sophomore goaltender Mareks Mitens stopped 23 of 28 NMU attempts.

Loggins' five-point weekend was enough to earn him WCHA Forward of the Week, his first league honor this season. Loggins was also recognized by the NCAA, earning NCAA third star of the week.

Tolvanen was named WCHA Goaltender of the Week after a 48-save, .906 save percentage weekend. The award marks the

Photo courtesy of NMU athletics

Thursday, Feb. 28, 2019 www.thenorthwindonline.com

Members of the NMU Men's Ice Hockey team pose with the Cappo Cup after last weekend's sweep of the Lake Superior State University Lakers. The trophy is awarded to the season series winner between the two teams.

fourth for Tolvanen this season, who sits just two games away from the school record for career appearances with 131.

Potulny credited the Loggins-Rockwood-Pierce line for their production over the weekend.

"I thought Troy played well, but the real driver was Rockwood," he said. "They play so well together. When they're both on, they're dangerous. When they're both on and Denver brings his level of physicality to that line, they're as good as anybody."

After the sweep of LSSU, the WCHA standings are tight toward the front with the Wildcats going into their home-and-home set with Michigan Tech this weekend.

Mankato clinched the first seed in the upcoming WCHA tournament and home-ice throughout the playoffs.

Bowling Green State sits in second place with 52 points, followed by the Wildcats in third with 50,

LSSU in fourth with 47. Bernidii of a rambunctious and passionate State in fifth with 45 points and MTU in sixth with 43 points.

The Wildcats can clinch a home ice spot by earning two out of six possible points up for grabs against the Huskies this weekend.

NMU and MTU last met on Dec. 7 and 8, with NMU earning a 5-3 win at the Berry Events Center on Friday, highlighted by a historic goalie goal from Tolvanen before dropping Saturday's contest at the MacInnes Student Ice Arena 3-1.

NMU leads the all-time series versus the Huskies 73-64-14, with a 41-25-6 home record and a 30-

Tech's season has been average thus far, holding an overall record of 14-16-4 and a 13-10-3 mark in WCHA play. The Huskies are coming off of a home sweep of Alaska-Anchorage last weekend. Potulny said winning Friday's game will be a key to a successful eekend, but playing in Hough-

ton is always a challenge in front

crowd.

"I've never won up there," he said. "This group has never won there. They've won with [former head coach] Walt [Kyle], I've won there at my former job. I've never won up there with this group. The biggest challenge for us is to prepare to win a game on Friday night. It's time for us to have a great effort and close the deal out. We've played well up there one time in three chances.

"We've got to slow them down," Potulny added. "We can't allow them in their building to have their fans get into it."

Puck drop from the MacInnes Student Ice Arena in Houghton is set for Friday at 7:07 p.m. before the teams turn around and meet at the Berry Events Center Saturday at the same time. Both teams will celebrate senior night. Friday's game will be broadcast live on FOXUP while Saturday's can be watched live on TV6.

### axers 7151010

By Alex Skinner sports editor

The Northern Michigan University Women's Lacrosse team kicked off its season in victorious fashion after defeating the Albion College Britons 17-8 last weekend

Playing in front of the home crowd in the Superior Dome, the youth-led laxers jumped out to an early goal from freshman attack/midfielder Aleya Speas less than two minutes into the

start of the match. Assisting on the goal was sophomore attack/ midfielder Tess Kostelee, who finished the game with two goals of her own and a team high of hour assists

Following Speas' goal on the scoresheet was freshman midfielder Jessica Daniels who put the 'Cats up 2-0 on a free position shot.

The Britons scored two quick goals to even the game at two apiece. Daniels was quick on the draw again for the 'Cats and

scored two consecutive goals again on free position shots for a 4-2 NMU lead with less than ten minutes of action played in the first half

Junior midfielder Graison Ringlever scored with 12 minutes remaining in the half for the first upperclassman goal of the season for the Wildcats.

Freshman attack/midfielder Emily Renfrew scored a goal before also adding an assist on a Speas goal shortly after.

Speas added another goal be-

fore the end of the half but the Britons would score to cut the lead to 9-3 at halftime.

NMU was sharp again in the second half, as two NMU goals from Kostelec and Ringlever scored to bring the lead up to

Looking to pull away even further, the Wildcats found offense behind the sticks of Speas and Ringlever on free position shots to give the Wildcats' an eightgoal lead.

The Britons scored two goals

to end the game but it wasn't enough as NMU captured a 17-8 victory.

Speas and Ringlever lead the Wildcats up front with five goals each while Daniels followed close behind with four.

Freshman goalkeeper Cam Stilson was impressive in her NMU debut after stopping 16 bshots and allowing eight goals.

Up next for NMU is a home matchup against the No. 4 Lin-denwood Lions at 1 p.m. on Sunday, March 3.

No. 4 ranked Minnesota State-

35-8 mark on the road.

### SPORTS

By Travis Nelson

their own

contributing writer

The NMU Swimming and Div-

ing team had an impressive show-

ing this past week at the GLIAC

Championships in Cleveland,

with the men taking second place

out of six teams and the women

taking third. The meet consisted

of four days of the conference's

best swimmers plugging the lanes,

and the 'Cats did more than hold

"I'm really proud of them, they

did really well," Coach Heidi

Voigt said. "I'm really proud of

how they performed. Our seniors

had good leadership, and it was a

On Wednesday, the women

won two events led by junior Ra-

chel Helm and sophomore Lena

Soulas. Helm took home the

200-yard Individual Medley title

for the third straight year with a

time of 2:00.79, a conference and

school record. Soulas swam to

first place in the 50-yard Freestyle

In a heartbreaking finish, the

200-yard Medley Relay team

of seniors Regan Kilburn and

Helm, junior Madelyn Irelan

and sophomore Margaret Vaitkus

took home second place by finish-

ing less than a second behind the

After an impressive first day,

including multiple other perfor-

mances that gave the Wildcats

points, NMU was in third place

with 122 points, trailing behind

Wayne State University (WSU)

and Grand Valley State Univer-

On the men's side, senior Ryan

Leonard scored the only Wildcats'

victory on the first day, winning

the 200-yard Individual Med-

ley with a time of 1:47.10. This

was Leonard's fourth win in the

event of his career, as five other

NMU swimmers earned points in

leaders.

sity (GVSU).

the event.

with a time of 23.57 seconds.

really successful meet.

## SPORTS BRIEFS

## Nordic Skiing

Northern Michigan University Nordic Skiing saw a total of 10 student-athletes named to the All-CCSA Team while 13 earned All-Region honors. Head coach Sten Fjeldheim was named the Men's and Women's Regional Coach of the Year. The Wildcats also had three men and three women qualify for the NCAA Championship meet.

Three men and three women were named First Team All-CCSA. On the men's side, junior Zak Ketterson, sophomore Kietil Baanerud and junior Mathias Aas-Rolid were selected. Senior Nicole Schneider, freshman Abigail Jarzin and junior Julie Ensrud were honored with First-Team selection on the women's side.

The Wildcats also qualified a full men's and women's team for the NCAA Championships. Senior Ian Torchia, Ketterson and Baanerud qualified with Aas-Rolid being named as the first alternate for the men's team. The women's team will be sending Schneider, Janzin and Ensrud with freshman Nadine Matter serving as the first alternate

The NCAA Championships begin March 6 and continue through Saturday, March 9.

### Football

Northern Michigan University Football and head coach Kyle Nystrom has named Dan Fodrocy as the team's new offensive coordinator.

Fodcroy has spent the past eight seasons at Saginaw Valley State University, most recently serving as the team's running backs coach for the past four season. While leading the running backs, the Cardinals totaled 5,857 yards rushing with 60 touchdowns, averaging 1,464 rushing yards and 15 touchdowns per season.



For the second consecutive season, junior Rachel Helm was awarded GLIAC Women's Swimmer of the Year award after last weekend's conference championship. At the event, Helm was victorious in numerous events, including the 200 yard individual medley for the third year in a row and the 100-yard butterfly. She was also less than half of a second from victory in the 200-yard freestyle relay.

team consisting of seniors Renars Bundzis and Arnoldo Herrera, and juniors Lajos Budai and Maksim Kapustin finished with a third place time of 1:29.62. After day one, NMU held third place, also trailing WSU and GVSU.

On the second day, junior Rachel Helm was once again a highlight for the women's team. She took home her second victory of the meet in the 100-vard butterfly, with a time of 55.06 seconds. Freshmen Briana Arnold and Emma Love, and junior Madelyn Irelan also placed in the event for NMU. In a close finish, the 200yard Freestyle Relay team consisting of sophomores Vaitkus and Lena Soujas, Helm and Kilburn finished in second place with a time of 1:33.34, just 0.4 seconds off of the leader.

Soujas had an impressive showing in the 200-yard Freestyle, coming in second place with a time of 1:49.34, 0.2 seconds off of a school record. NMU would remain in third place after the second day, as WSU and GVSU were still leading the pack.

Budai captured another victory for the NMU men, winning the 200-yard freestyle with a time of 1:38.10. Junior Jonas Reinhold, freshman Jon Busse, senior Grantas Dapkus and freshman Henry Bauer all earned points in the event for the 'Cats. After the second day, the Wildcats stayed in third place behind WSU and GVSU, but trailed the second place team by a slim margin.

For the third straight year, Helm took home the 100-yard backstroke title with a time of 54.35 seconds, her third victory of the meet. Three Wildcats placed in the top 10 in the 100yard backstroke, as senior Dana Stroven took third place, Arnold took sixth and sophomore Katharina Springhetti took tenth.

In the 800-Free Relay, the men captured the title for the fourth

The 200-yard Medley Relay year in a row. The team consisting of Reinhold, Busse, Dapkus and Budai won with a time of 6:38.57. Three Wildcats placed in the top eight in the 100-yard backstroke, as Bundzis finished in third place, Budai fifth and Cosgrove seventh. NMU was right in the thick of things heading into the final day, as they passed WSU for second place and only trailed the leader GVSU by 6.5 points.

On Saturday, the final day of the meet. Helm had another dominant outing. She won two events and was named GLIAC Women's Swimmer of the Year. She captured the 200-vard Backstroke title with a time of 1:56.21. Helm was also a part of the 400-yard Freestyle Relay team that won the relay and broke a meet record in the process. The team of Helm, Vaitkus, Kilburn and Soulas had a winning time of 3:25.45. After a highlight day for the Wildcats, the team finished in third place with 725 points behind WSU and GVSU, but still nearly 350 points ahead of fourth place.

Budai continued his amazing showing for the men, as he took home the 100-yard Freestyle title with a time of 44.12 seconds. In the 200-yard backstroke, five of the top 16 finishers were from NMU. Bundzis finished in second with a time of 1:44.25, and right behind was Leonard in fourth place. With 818 points, the Wildcat men took second place, finishing just behind GVSU by 30 points

With the GLIAC Championships in the rear view mirror, the team's focus shifts to the National Championships, held in Indianapolis, Indiana beginning on March 12.

"Right now we really focus on the NCAA's, people and practices are a little more specific to them,' Voigt said. "We have a good group, and they'll support each other all the way.'

Reflections shine on the water's surface as a NMU swimmer breaks through a tr slucent surface

## www.thenorthwindonline.com 13



Thursday, Feb. 28, 2019

### SPORTS

## Thursday, Feb. 28, 2019 NMU splash brothers slip on the road

### By Nate Bellville contributing writer

The Northern Michigan University Men's Basketball team was unable to secure a home playoff game as it lost both of last weekend's games to the Grand Valley State University (GVSU) Lakers 85-62 and to the No.13 ranked Davenport University (DU) Panthers 74-71.

"After a good week in which we were ranked eighth in the [Division II Midwest] region, we came out at Grand Valley and I thought we looked like the Walking Dead," head coach Bill Sall said, "But on Saturday, we didn't play particularly well at the beginning, but we found that energy and had a couple of chances to win the game.

Senior guard Kenton Mack said last weekend's games were tough losses, but is moving on from them

"We were in position to control our own destiny, but we're not looking at those anymore, we're more looking ahead at this point,' Mack said.

GVSU started off Thursday's game with a 7-0 run, before senior guard Naba Echols sank his only three of the game. Down 17-11, the Wildcats surged back to within three after a three from junior guard Marcus Matelski. However, the Lakers answered back with another seven-point run, then Matelski sank his second three to make it 24-17. GVSU would use a 14-0 run to head into halftime up 46-20.

In the second half, the Lakers' raced out to a 54-29 lead, leading up to a three from sophomore guard Alec Fruin. Threes from senior guard/forward Isaiah Johnson and junior guard Sam Taylor cut their deficit to within 18 with 12 minutes remaining, but NMU couldn't get any closer as GVSU pulled away to win 85-62.

Johnson paced NMU with 28 points, making six out of the team's 13 threes in the game. Taylor followed up with a season-high of 18 points.



NMU senior guard Naba Echols rises up for a layup against Lake Superior State in a previous matchup earlier this season.

raced out to a 10-2 early lead. After a Matelski three and a shot by junior center Myles Howard, DU extended their lead to 26-9. With seven minutes remaining in the first half, NMU rallied back to within four after a three from Fruin. The Wildcats got to within six as free throws by Echols and Taylor sent the team into halftime down 38-32.

Out of the break, DU led 50-36, but Echols piled on 17 straight points to tie the game at 53. After the Panthers scored six points, a Taylor three and Johnson's free throws brought the Wildcats to within one point. As DU's Dyllon Hudson-Emory's shot made it 74-67 with 3:25 left, NMU rallied back thanks to free throws from

Echols and Johnson, but the upset bid came up short as DU went on to win 74-71. Echols finished with a seasonhigh of 27 points, while Johnson, Taylor and Fruin each added 10

points "We knew it was going to be a dogfight, being that they were very good," Sall said on the Davenport game. "We had three stops in a row [at the end], but we missed a couple opportunities and came

On Saturday, the Panthers away with a heartbreaking loss." NMU's regular season concludes at 7:30 p.m., Thursday, Feb. 28, as they visit their rivals, the Michigan Tech University Huskies. NMU last beat the Huskies 63-59 at home in January.

Although Tech has been eliminated from playoff contention, the 'Cats are hoping to earn a higher seed as they currently sit a three-way tie for fifth place in the standings. NMU shares the spot with GVSU and Lake Superior State University (LSSU), who NMU has split the season series with, GVSU hosts DU, while Ferris State University visits LSSU on Thursday.

"It's a must-win. It's the most simple and accurate way I can put it," Mack said. "Right now, the top four seeds are pretty much locked, but we're in a fight for the five seed."

Mack isn't worried about the tournament placing, but said the team would like a simple road in the playoffs.

We're not looking too much on who we play seeding-wise, but just to put us in the best possible position to keep playing as long as we can," Mack said.



### By Levi Erkilla staff writer

The Northern Michigan University Women's Basketball team hit the road this past weekend for a pair of GLIAC match-ups. On Thursday, the Wildcats took on the No. 11 Grand Valley State University (GVSU) Lakers and fell 50-37 The 'Cats bounced back Saturday and took home a 64-42 win against the Davenport University (DU) Panthers.

In Thursday's game, the Wildcats faced off against the GLIAC South leading Grand Valley State University. The Lakers stellar defense proved to be a tough task for NMU.

"We didn't score a field goal in the first quarter and a lot of that was self-inflicted, we weren't tough enough," head coach Troy Mattson said. "We need people to step up and make shots.

Senior guard Darby Youngstrom and junior center Jessica Schultz led the Wildcats with eight points each. Sophomore guard Lexi Smith finished with a team best of nine rebounds.

NMU came out flat and were not able to score a field goal in the first quarter. The Wildcats only points of the quarter came off a pair of free throws from Smith, GVSU took a commanding 12-2 lead in the second quarter that could have been much worse if NMU's defense had been off

In the second quarter, GV-SU's defense continued to suffocate the Wildcat offense as through the second quarter. The 'Cats failed to close the gap before halftime and faced a 21-10 deficit heading into the second half.

The Wildcats offense finally ignited a spark and started the third quarter on a 10-2 run. With 6:41 remaining in the quarter, the score was 23-20 in favor of GVSU and momentum seemed to begin to sway toward NMU. The Lakers answered with an 11-5 run to close out the third frame. Grand Valley took a 34-25 advantage into the final quarter.

The fourth quarter saw another big run from the Lakers with nine unanswered points following a NMU basket. The Wildcats fell even further behind and with 3:46 left to play trailed 43-27. The Wildcats finished the final minutes on a 10-7 run but the GVSU lead proved too insurmountable for

a comeback and the Lakers came out with a 50-37 victory.

The 37 points put up by NMU were the fewest scored by the Wildcats all season.

"Our Achilles' heel this year at times in some bigger games has been able to score points," Mattson said.

In Saturday's game, the Wildcats' first-half struggles that plagued the team on Thursday night seemed to dissipate.

Both teams traded baskets and were neck-and-neck in the beginning stages of the first quarter until NMU used a 5-0 run to take a 13-8 lead after the first 10 minutes.

NMU capitalized on poor Panther defense and extended their lead behind an 8-0 rally to extend their lead to 21-8 with just under five minutes remaining in the first half. The Wildcats continued to bury Davenport a deeper hole and took a 28-13 lead into half time

The Panthers began to chip away at the Wildcat advantage cutting the lead down to 31-21 shortly into the second half. Northern wouldn't be held down for long as it extended the lead once again, jumping ahead 39-23 with 6:51 to go in the quarter. The Wildcats took a 47-33 lead into the final

NMU controlled the fourth quarter with a 10-5 run, push-ing the lead to 57-38. The 'Cats held off the Panthers and took home a 64-42 victory.

Schultz led the way with 18 points and Youngstrom added Hodell and sophomore guard Elizabeth Lutz both chipped in with six points. Junior forward team best of six rebounds.

NMU holds a record of 20-7 overall and are 15-4 in the GLIAC for their first 20win year since the 2013-14 season. NMU returns to action at 5:30 p.m. on Thursday, Feb. 28, to take on its rival Michigan Technological University Thursday in Houghton for the final regular season game of the year.

The Wildcats will host a GLIAC Tournament Quarterfinal contest on Tuesday, March 5, against a still-to-bedetermined opponent.

"There is a lot riding on this game [with Michigan Tech] for both teams. We are both playing for the same thing," Mattson said. "It's going to be a great game.'



### MORE

### OUT Continued from Page 1

the amended ordinance for the opt out was read and attendees were invited to speak once more, opening the floor to 16 more comments, including comments from NMU chemistry professors Lesley Putman and Brandon Can-

"I'm kind of dismayed, this opting out, I don't really un-derstand," Canfield said. "It feels like a rush to take action when the debate is outside of what the actual issue is, which is granting business licenses. It feels like this debate is something that has already been settled following the electorate of Prop 1.

The final comments concluded and Commissioners voted 4-3 to opt out of the ordinance to allow commercialized recreational marijuana sales with Commissioners Jenn Hill, Jenna Smith and Pro-Mayor Tempore Sarah Reynolds opposing the opt out while the remaining four members were in favor.

"I do not believe the city is against marijuana usage or marijuana establishments. We're not trying to hinder them or stop them from coming in. The issue tonight is not about growing it, possessing it, or using it," Commissioner Dave Campana said. "The issue tonight is an administra-

The main reason the four commissioners voted to opt out was to protect the city of Marquette from any potential issues before the state adopts its own regulations, Commissioner Paul Schloegel said.

"I don't want people below the bridge dictating how we have to set up our own pot regulations," Schloegel said. "That's the only reason that I want to opt out. It's going to give us time, without being held, that if tomorrow, the state of Michigan drops a pile of crap in our lap that we have to abide by without having our own say. Commissioner Hill stated how she needed more time

working with the subject. "The city staff is diligently working on this but the public process is not clear. I'm on the commission and I don't know what the public process is," Commissioner Jenn Hill said. "I understand now that it is apparently my obligation to make that clear, well, we're gonna have to have work ses-sions where we can just talk."

All commissioners noted the high turnout of students ed their efforts to get their voices and opinions heard at the forum.

Mayor Fred Stonehouse said how it was a great learning opportunity to have so many people speaking at the meeting and seeing how local government works. He also noted how the university needs to be a part of the discussion as well.

"The university needs to be a part of this, not just the students. NMU, with its marijuana program, ought to be leading the pack on this," Stonehouse said. "The university has opted out of marijuana, [they] refuse to have it on campus. That's called opting out. If your questions are directed at us about why the city isn't going quicker, you might ask that same question to the university, why aren't you going at all?"

The day after the meeting, in an email to The North Wind, Lesley Putman said the university is not a municipality so it does not have an option to opt out and said that opting out of the ordinance is not about recreational marijuana usage, it is about businesses involved in the cannabis industry. Putman also stated how some did not appear to have a good understanding of the issue but appreciated their efforts to create a dialogue.

WORD SEARCH OF THE WEEK ACHE CEVQMRGS E S E COZ P P T. H C Z 0 0 D R E T 7. Y S 0 E E T E Z G N C R F B 0 T G S N S T T. V M Y P T NB E U S G V T C N A E H J 0 E Z P N U P H O T I L M G M 0 0 T K F Y G Y. U Y MF T F U H B X E F N L E A E X A S T NO N 0 N T H I E Y D G B PRE R T A B RODACOV A Y Y R S R T T G L D E .0 N R C T NN AM A I S N E S E D T T 0 N U E L E T V N T 0 L C L Z I C N Y 0 B M J K V 0 V L E H K E X X A T E 0 R W H A E T D R T R A T U N E S E E H C Μ A E R C H P TSPAL B R EA K F A S T E B A T D X AIBBAFDTYVMPARO S ZK H U

Thursday, Feb. 28, 2019

### **THEME: Bagels & their toppings**

ASIAGO AVOCADO BLUEBERRY BREAKFAST BUTTER

DINNER GARDEN VEGETABLE NUTELLA

PEANUT BUTTER PIZZA PLAIN POPPY SEED SESAME SMOKED SALMON STRAWBERRY WHEAT

www.thenorthwindonline.com 15

### ASNMU

Continued from Page 1

A variety of projects to benefit the student body have been sponsored by ASNMU this semester,

in another campus-wide email. "The RAD program has separate courses for Men and Women. As of right now the instructor through NMUPD is only certified to teach RAD for Women. We have been talking with NMUPD about seeing if NMU can get an

The hour long RAD course focus[ed] on women's basic selfdefense techniques in rape aggression defense.

### Cody Mayer **ASNMU** President

including a Rape Aggression Defense Course (RAD). The course took place Wednesday and was also sponsored by the NMU Police Department (NMUPD).

"The hour long RAD course focus[ed] on women's basic selfdefense techniques in rape ag-gression defense," Mayer said

officer to be certified as an instructor for the RAD for Men for future courses."

In addition to the self-defense class, there are a number of other things ASNMU is working on, Mayer said in an interview.

"Providing feminine hygiene products in rest rooms, revamping

and continuing to build the bike share program and career closet, and connecting more with students to make them aware of the services we provide by completely overhauling our PR committee are all some of things we have been focusing on this semester," Mayer said.

Among other projects, ASNMU proposed to amend graduation requirements after a proposal was made to require students to take one semester of World Language.

"ASNMU unanimously was opposed to this and the [academic] enate proposal was defeated 17-18," Mayer said.

ASNMU proposed a compromise to merge the proposed requirement with a previously existing one, offering students a choice between World Language or World Cultures as they are pursuing their degrees, according to Mayer.

The application period for AS-NMU elections will close March 22 at 5 p.m. More information can be found at: nmu.edu/asnmu.

yeah i'm talkin to you my heart will go on it's gotta be the grand finale

INSPIRATIONS

what kind of mushroom is it? eesabella

hi jess ... i luv u -soph fingers AND toes nice juicy pen what a good prank sink line

riley i found your napkins bring the warmth please bop-it in his pants

two columnz today babee tim's hat dear riley: your chair sucks i seriously almost fall every time i sit down askew sudoku sometime

riley stop laughing -jessica it's the darn dirty truth oh i've been in the women's restroom -tim i don't care about marijuana i care about my fence plug for b.m. tingly brain

ur a sweet treat

CHOCOLATE CHIP **CINNAMON RAISIN** CREAM CHEESE

EGGS EVERYTHING HONEY NUT LOX LUNCH

## VHIRIN G

# D

D

Apply at 301 Gries Hall For more information, contact editor.northwind@gmail.com