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## Marketplace offers late night food

Students are now able to get food after hours

By Braden Linick

staff writer

After NMU students asked for a late-night option for food on campus, they will finally receive what they want.

Starting Sept. 9, NMU dining services will be offering Late Night at the Marketplace. It will be from 9 p.m. to midnight and will run Sunday through Wednesday nights.

Payment methods for Late Night are consistent with the Marketplace's regular hour prices.

Those with a meal plan will be allowed one swipe that is worth \$8.

Students with the constant meal plan will be permitted only one swipe per Late Night.

Other payment methods in-

clude Dining Dollars, CatCash, check, cash, and credit/debit

Late Night goers do not need to enter the food court, they simply order, pay, and receive a

The entire Payne/Halverson side of the Marketplace is available for guests to enjoy their nightly meal.

"The biggest thing is we heard what the students wanted and we've reacted, offering this new service," Sharon Carey, director of Dining Services said. "We want to be sensitive to student needs with late schedules."

A special menu has been designed which includes deli, pizza and the grill.

Due to the addition of Late

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Students will be able to get pizza, nachos and other typical college food at the Marketplace late at night, letting those with evening classes to get dinner. Students with a meal plan can use one swipe worth \$8 every night.

## Haynes talks tuition

## Interim president explains reason for increase

By Marcellino Signorelli

news editor

As the fall semester started, interim president David Haynes asked to rethink, renew and reconnect.

Returning students are aware of the tuition increase from last year, which raised tuition by 3.5 percent.

As the cost of higher education rises across the nation, the financial burden becomes increasingly harder every

"NMU has the second lowest tuition in Michigan but any increase, no matter how little, can present a problem to students experiencing financial difficulty," Haynes said. "In the past, two-thirds of our funding came from state aid and donors and the remaining third from tuition.

"Due to a cut in state funding, now two-thirds of it comes from student tuition."

During his fall convocation speech on Wednesday, Aug. 22, Haynes commented on the need to keep education affordable and to reduce student debt upon graduation.

"We will continue to renew our partnerships and reconnect with our alumni, friends and supporters to build a dynamic, competitive portfolio of financial resources, including scholarships and grants," Haynes said. "We will do this not only to help ease the financial burdens of our students and families, but also to attract more outstanding faculty and high-achieving students by rewarding excellence, innovation and service."

dent of finance and adminis- programs, intercollegiate athtration, verified what Haynes said about the amount of state funding having a substantial decrease from past years.

"In 2001, 36 percent of university funding was from student tuition," Leach said. "For 2012 and 2013, the amount of funding from student tuition is 61 percent and 63 percent respectively."

The 3.5-percent increase in tuition allowed the university to run at the same capacity as it has in the past for academics and services, according to

"It funded staffing, com-

pensation adjustments and general inflationary increases," Leach said. "Funding was also included for invest-

ments in



**HAYNES** 

letics and maintaining accreditation/compliance."

Haynes said the university should use social media in order to increase recruitment as well as broadening where NMU students come from.

"We make sure when we reach students in ethnically, socially and geographically diverse locations that we want them to be here for the community and to embrace things about NMU," Haynes said.

"If we increase enrollment and the student body, it would help to balance tuition. We need to increase students and increase credit hours to keep tuition down."

Haynes, serving as the interim since April after former president Wong's departure, will only be in the position for a two years before the Board of Trustees selects whom they want to fulfill the role permanently.

"Since I accepted this job, my sole intention has been to return to the classroom at the Gavin Leach, vice presi- key areas such as academic end of my term," Haynes said. "Even if I were considered by the Board as a candidate for the permanent position, I still intend to return to teaching at the end."

> Haynes was selected by the Board of Trustees to serve as interim president while they conduct a search to permanently fill the position.

> His position is intended to last for two years, at which time the next NMU president will be chosen and will have a permanent position.

## **USOEC** suspends skating program

By Hannah Fermanich

assistant news editor

The United States Olympic Education Center speedskating program has run its last lap at NMU for the time being.

Upcoming changes to safety regulations for competitive speedskating have resulted in making the current arena, located in the Berry Events Center, unusable for future use in training Olympic speed skaters for the USOEC.

"Speedskating is moving to wards a system that requires the arena to have a breakaway pad system," said Cindy Paavola, director of communications and marketing.

Due to the increasing competition speeds of elite skaters, a new breakaway pad system will be required at competitive arenas for the safety of the athletes. The Berry Events Center is currently using a fixed board system for hockey, a system that would need to be com-

See USOEC • Page 2

The North Wind

## AAUP-NMU contract making progress

By Hannah Fermanich

assistant news editor

NMU's chapter of the American Association of University Professors is in the process of creating a new labor contract with the university.

The AAUP has been working to create a new contract with the university since the Winter 2012 semester. The negotiation team has continued to work with both the AAUP and the university's administration through the summer to make a contract that is both agreeable to the faculty and the university.

"We're faculty foremost, we're here to teach students," said Ron Sundell, president of NMU's AAUP chapter.

Negotiations are currently underway between the AAUP and the university. Details about the proposed contract will not be available until a tentative agreement has been reached. Both parties hope to reach an agreement in the near future, Sundell said.

"Things are going fairly well now," Sundell said. "We are hoping to have a contract to show faculty soon."

According to Sundell, the process that goes on for contract renewal involves a lot of collaboration on both sides. There is a bargaining council made up of representatives from each department on campus. They in turn meet with the negotiation team who then works with the administration.

"From what I've been told, the process to finalize this new AAUP contract is making steady progress," said Cindy Paavola, NMU Director of Communications and Marketing. "The university never discusses specific details of a labor contract negotiation until ratification, but it seems like the process to bring a proposal to a vote of the membership is moving in the right direction."

Once a tentative contract has been agreed upon by both the representatives of the AAUP and the administration, the contract will be presented to the members of the AAUP and they will then be able to vote on it, Sundell said.

"When it's time to negotiate new employee contracts, including faculty contracts, it can sometimes appear to be a slow moving situation to students, but that's because it's a complicated process," Paavola said. "There are a lot of details to work through. It takes time, dedication and requires a good understanding of the big picture."

In general, the AAUP works with the university to establish both financial and non-financial agreements for the faculty. The financial part determines faculty salary, retirement and health care benefits through the university. The non-financial side focuses more on providing sufficient funding for faculty scholarships and

research in the different departments. It also establishes proper conditions for both classrooms and laboratories on campus.

"We don't look at just what we get, but what it gives the university and in turn the students," Sundell said. "We have to make sure we have the highest quality faculty."

According to Sundell, the labor contracts with the university must be able to compete with other universities in order to draw in high quality teachers to educate the students.

"Northern Michigan University is lucky to have great faculty, most of whom make teaching NMU students their number one priority," Paavola said.

#### **-USOEC-**

Continued from Page 1

pletely replaced in order to accommodate a breakaway system.

"The way our ice arena was built, it would be enormously expensive to change our system to a breakaway pad system," Paavola

The arena's current layout also affects the ability to change to a breakaway system.

The Berry Events Center has its seating starting right behind the fixed boards, giving little room to work in a new system.

A change in the funding model on the national level for sports has also left very little money to implement a change this large to keep the training program at NMU, according to Paavola.

"USA Speedskating's decision involved a number of points," said Brian Gaudreau, interim director of the USOEC . "From a business standpoint, it's always about getting the most out of their investment. From a strategic standpoint, it is related to availability of coaches, the number of training



NW file photo

USOEC athlete Chris Creveling (22) races against Eduardo Alvarez (49) and Kyle Haun (67). The speedskating program has since been suspended.

sites available nationwide, travel and so many more possible factors that the USOEC would not be involved with."

According to Gaudreau, the USOEC is starting to work on major fundraising to help with the changes in federal funding for the program.

The NMU Foundation and NMU Communications and Marketing are working together with the USOEC on a plan for fundraising, but nothing has been finalized

"The program is technically suspended, not cancelled," Gaudreau said. "Work is being done in the next year to develop a program that allows skaters or former skaters to pursue a degree that could include a formal speedskating coaching program. This idea is only in the idea stage and work has just begun on it."

According to Gaudreau, about 14 skaters were affected by the

While some of the skaters have chosen to remain at NMU to finish their education, others have moved on to other training sites to pursue their skating career.

Although the USOEC will be suspending the speedskating program, the weightlifting program

will be staying at NMU. It is one of the USOEC's newest programs and it is set to continue its residential training program.

According to a USOEC press release, USOEC weightlifter Sarah Robles placed seventh at the London Olympic Games in the 75+ weight class this last semester.

"The program is relatively young and has a lot of potential,"

#### **Spirit Police need to** meet their quota

NMU Spirit Police will be handing out tickets to those sporting green or gold during the week of homecoming.

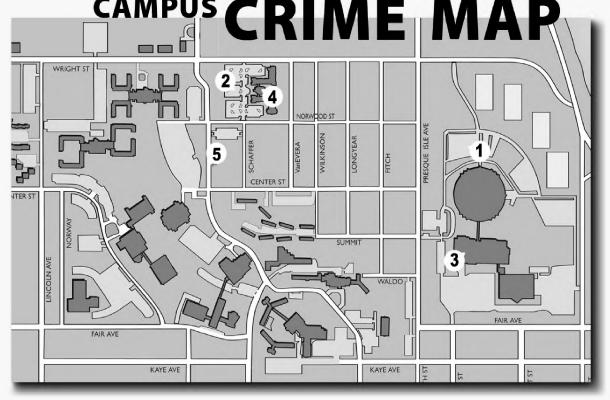
Police will start giving tickets Wednesday, Sept. 5. The tickets are good for a homecoming shirt or cup if redeemed at a Spirit Police table or the Center for Student Enrichment from Sept. 10 through 13.

Spirit Police will be located in the Payne/Halverson lobby on Sept. 10, from 5 to 7 p.m. in the lower level of the LRC from 11 a.m. to 1 p.m. and the PEIF from 4:30 to 6:30 p.m. Sept. 11; the academic mall from 10 a.m. to 2 p.m. Sept. 12 and in the Jacobetti from noon to 2 p.m. Sept. 13.

—Amanda Monthei

#### Map Key

- 1) A student was charged with reckless driving and malicious destruction of property at 10:40 a.m. Aug. 21 in Lot 53.
- 2) A person was charged vith mancious destruction of property at 12:57 a.m. Aug. 23 in Lot 47.
- 3) A student reported larceny of personal property at 3:23 p.m. Aug. 23 in the PEIF.
- 4) Students were charged with possession of marijuana at 10:28 p.m. Aug. 23 in the Woodland Park apartments.
- 5) A person was charged with malicious destruction of property at 6 a.m. Aug. 24



## Out with the old and in with the new

## NMU renovates and rebuilds campus

By Audrey Menninga

staff writer

Students returning to NMU may have noticed a few changes to the landscape on campus due to recent construction.

Perhaps the most notable change has been the demolition of Carey Hall. The building, located next to Spooner Hall, was originally built to house students, then was converted to classrooms and office space.

According to Kathy Richards, associate vice president of engineering and planning/facilities, the building has been vacant since

"Multiple uses were considered to no avail for the facility," Richards said. "The 2008 Campus Facilities Master Plan recommended the building's demolition since no use could be identified."

Richards said the decision to demolish the building became final in May 2012. The project took 10 weeks to finish.

"The site will return to green space with the possibility of a pavilion being constructed to host outdoor university activities in the future," Richards said.

Richards was also able to give an update on the project to demolish Jamrich Hall and rebuild a new academic building.

According to Richards, construction of the new academic building, which will be located between the LRC and Hedgcock, will begin in April of 2013 and be completed in time for the Fall 2014 semester.

"The new academic building can more effectively and efficiently meet the university's needs through less square footage resulting in lower construction, energy, operation, and maintenance costs," Richards said.

During the construction of the new building, Jamrich will remain standing and classes will continue to be held in the building.

Once the construction is com-



Constrution of the new Ripley combined heat and power plant off of Wright Street. The new plant will be able to run off of untreated wood.

plete, classes will be transferred over to the new academic building and Jamrich will be demolished.

Also moving into the new academic building will be offices from the English, sociology and criminal justice departments.

After the completion of the new building, Gries Hall will also be demolished due to the facility's age, inefficient design, location and maintenance needs, according to Richards.

"Demolishing Gries Hall will accomplish a number of goals for the university, including consolidating academic functions to the central core of campus," Richards said.

Also new to campus is the power plant currently being built located on the corner of Wright Street and Sugarloaf Avenue.

The power plant, predicted to be finished in June 2013, will be far more efficient than the one currently being used.

"The new unite can generate about 16 percent of NMU's electrical load...and generate approximately 57 percent of the maximum steam output of one of the [old] units, amounting to roughly 87 percent of the campus's thermal needs," Gisele Duehring said, associate director of facilities/ planning.

The new plant is to run off of scrap wood, such as treetops, bark and wood chips from local suppliers who use untreated wood.

The old plant will still be in operation, which burns natural gas and uses fuel oil as a back-up.



Carey Hall during the process of demolition over the summer. Prior to being torn down, Marquette firefighters used the abandoned building for training. Having various uses before, the hall had been vacant since 2004.

## Sample Marquette with walking tour

By Marcellino Signorelli

news editor

New and returning students alike are invited to join the Multicultural Education Resource Center (MERC) on their third annual walking tour of Marquette.

At 11 a.m. on Friday, Aug. 31, students can show up at the MERC office at 3001 Hedgcock, where the tour will start. From work or any other obligations, there, students will be split into two groups as they both head toward business along Washington and Third streets.

Due to the large amount of students joining this tour in the past, one group will leave in a van to go to Aubree's on Washington Street and their path will lead back to campus.

The other group will walk to Vango's on Third Street to begin their tour and once they reach the end of their tour at Washington Street, a van will bring them back to campus. Both groups will have the same tour, but one will be in reverse order from the other.

"All of these businesses are

locally owned and they are excited for our tour," said A.J. Lara, MERC graduate assistant. "It's great for people new to Marquette. Not just freshmen, but transfers, graduate students, or anyone who hasn't gotten to explore and learn what's within walking distance."

The tour will end around 3:30 p.m. but if anyone has class, they can leave at any time. A few businesses along the route include Second Skin, Donkers and Snowbound Books.

"It's a great opportunity to learn what local businesses have to offer, to provide a connection to the community and feel a part of the college town," Lara said.

This event is free for students and many of the businesses will supply free samples.

Students should bring comfortable walking shoes, a friend and come hungry.

No reservations are necessary for this event. For more information, email jlara@nmu.edu or call (906) 227-1554.

#### FOOD -

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Night, certain foods will no longer be available at CatTrax, such as pizza, pretzels and nachos.

The days open were based on the previous sales years.

through Sunday Wednesday proved to have the greatest demand.

Late Night is here to stay for the remainder of the year and will then be open for evaluation.

"I'm pumped that NMU is realizing that half of us stay up past midnight, and almost all of us are hungry past 8 p.m.,"said Calvin Leinenbach, sophomore English major. "Now let's shoot for late night hours seven days a week."

New renovations have also been added to the Marketplace. The dish-room entrance has moved to eliminate a lot of

noise on the Payne/Halverson

A barrier has been put up separating the Spalding and Gant side from the Payne and Halverson side, which also includes booth seating.

Lockers have also been added near CatTrax for students to drop off their things while they grab a bite.

The lockers are free to use, utilizing a quarter deposit system.

> The entrance to Late Night has not fully been determined.

It will be either the normal center entrance or the doors on the Payne and Halverson side.

A new online nutrition source has recently been added to the Dining Services web page.

MyMenu available as an everyday tool, to help guests of the Marketplace make the right food choices of the offered selection, to fit their specific needs.

For more information on Late Night, email NMU Dining Services at dining@nmu.edu or visit www.nmu. edu/dining.



Zerek Twede/NW

Students enjoy eating at the newly renovated Marketplace. Starting Sept. 9 pizza, deli and other snacks will be offered during Late Night held from 9 p.m. to midnight.

Thursday, Aug. 30, 2012 The North Wind

## Multimedia journalism major debuts

By Heidi Robitaille

contributing writer

Starting this semester, NMU will be offering a new multimedia journalism degree in place of the former electronic journalism ma-

"The old electronic journalism major was mostly a major for students looking to report for broadcast media, and it served our students well for over a decade, but it was definitely time to update the major so our students can be prepared for web related jobs as well," said Dwight Brady, Communications and Performance Studies (CAPS) professor.

Brady, along with Jim Mc-Commons and Cate Terwilliger, professors from the English department, were all instrumental in implementing the degree shift.

"Previously, CAPS offered an electronic journalism major, and the English department had a print

journalism minor, which still exists," Terwilliger said. "Both programs were created in an age in which newspaper and television journalism were discrete, competing forms of newsgathering.

"That time is gone, and both departments realized that we needed to join forces to create a multimedia major that can prepare our students to also produce strong online journalism, whether their employer is a newspaper, a magazine or a television station or, if they're freelancing."

The new multimedia journalism major has a greater concentration in journalism courses and is quite different from the former electronic journalism degree.

"Versatility is important to journalism grads competing for a dwindling number of newsroom jobs," Terwilliger said. "In this new major, Northern students will learn not just reporting and writing, but how to produce journalism across multiple platforms; that should give them an edge as they look for jobs."

The new major will be housed in the CAPS department.

"Jim and Cate and I have been talking about creating a major like this for quite some time," Brady said. "We were able to make it happen because department heads, Ray Ventre in English and Jim Cantrill in CAPS, were so supportive of our ideas."

Students will be taught how to write, research, film, edit and produce news stories for electronic media.

BC 200, introduction to Multimedia Journalism, is a new course added to the major where basic news reporting techniques for multiple media platforms will be taught, and BC 300, Advanced Multimedia Journalism, will focus on advanced research techniques to uncover information beyond what official sources

EN 217, Newspaper Writing and Reporting is a prerequisite for both courses, and BC 200 is a prerequisite for BC 300.

"Students can still land jobs in traditional media, but this degree will help broaden their skills set," Brady said. "This is important because many of the media job listings I see these days require experience with content management software and the ability to promote the content once it is in place.

"Students will definitely write and rewrite, but this major is also about researching and preparing content that is visually compelling and interactive."

The new degree is expected to open more doors for careers in journalism and news publication.

"I think it was a good and necessary change," said senior CAPS student Hannah Aho. "Electronic journalism focused too much on

audio and visual and not enough on current media channels.

"I would take the new program because it focuses on media across the spectrum, not just the audio and visual aspect; technology is constantly evolving, and people primarily gather information via iPhones and social networking sites versus TV and radio."

Graduates with a multimedia journalism degree can expect to find traditional news media jobs, along with nontraditional positions such as web development and other jobs that have yet to be created.

"Traditional media like print and broadcast are seeing steady declines in their audiences while the number of people turning to the web for news continues to grow," Brady said. "Understanding this, we felt it was imperative that our curriculum reflect these changes within the industry."

## Practical nursing now at NMU

By Jenean Zahran

staff writer

Northern Michigan University has announced their practical nursing (LPN) program will now be available for students to enroll in after two years of suspension.

The LPN program was suspended in 2010 due to budget cuts and anticipation that there was not going to be much need for LPNs in our local area. Now that Marquette General Hospital will be in greater need for the LPN position because of changes in the local job market, NMU has decided to reactivate the program.

"I think that it is a good idea for the program to be reinstated," said Michelle Johnson, associate professor and program coordinator. "There is a need for them in the health care system and some people need to get out into the workforce in a short period of time and know that they will be able to obtain a job with a decent wage."

Reasons why LPNs will be

more in demand in are from two recent changes in the local job market. The first is from the new national health care plan, which contains parts that may require healthcare agencies to hire more nurses at the LPN level.

The second is the fairly new Duke LifePoint partnership with the Marquette General Health System. Officials from MGH and Duke LifePoint agreed that Northern should reinstate the LPN program as they expect to be in greater need for them with the increasing number of physicians.

If you're wondering what the difference is between a LPN and RN (Registered Nurse), there is more than you may think. Since only a year of schooling is required in order to become an LPN, their job responsibilities are limited.

"A registered nurse is more of a team leader and coordinator of care, where a LPN is more of a technical care giver," said Nanci Gasiewicz, Associate Dean and

Director of NMU's School of Nursing.

Some of the main functions LPNs do as part of their work involves collecting samples from patients for testing, giving injections, inserting catheters and feeding the patients. They also make sure the patient is as comfortable as possible during their stay and will assist in dressing and bathing the patient.

NMU is offering nine credits of the prerequisite courses for the LPN program this fall and six credits of prerequisite courses in the winter semester of 2013.

After completing these courses, students will be able to apply for the clinical portion of the program beginning fall semester of 2013. Due to accreditation standards for the school of nursing, only 40 students will be selected into the program.

Those interested in the program can apply for admission online at www.nmu.edu/admissions or by calling 906-227-2650.



With a demand in nursing due to the increasing number of physicians, an LPN major provides students the ability to obtain a popular career.



## Student government seeking more positive view

## ASNMU to improve campus relations

By Marcellino Signorelli

news editor

ASNMU has placed their main emphasis on communication, wanting to become more well-known on campus.

Both president and vice president of ASNMU believe that the involvement between themselves and students can use improvement.

ASNMU president Ben Stanley, junior majoring in humancentered design, believes that there is a lot of room for improvement, he said.

"I feel we could be more well-known but I know we can achieve that improvement," Stanley said.

Communication was a main goal that ASNMU wanted to focus on, so that more students would know about them, according to Stanley.

"I did not know about AS-NMU until I was a secretary for them," said Kelsey Hayes, AS-NMU vice president and senior sports science major. "I also realized a lot of the programs on campus were run by ASNMU.

"Knowing that it helped me find out more about them in the

past, before I was vice president."

Hayes said there has been a certain level of notoriety with ASNMU and she would like it to be viewed in a more positive light.

"The bike-share program will be here this year, allowing students to rent a bike for up to three days," Hayes said. "We want to promote the bike-share, especially with the beautiful weather

"It should be a big program that people will associate with ASNMU."

Stanley said he has already taken some steps in order to get a non-voting member on the seat of the Board of Trustees for the ASNMU president.

"I think the ASNMU president should participate in all aspects [of the university], including sitting in on a closed session of the Board of Trustees," Stanley said. "I would like the [ASNMU] president to have a non-voting seat on the Board to communicate with them.

"I already made a call to the governor's office and have gone down to Lansing."

Stanley has not presented the idea of a Board of Trustees seat to ASNMU.

"I had the idea last year but I only started attempts recently," Stanley said. "I want to send a letter to Lansing with support from other Michigan universities' student body presidents to allow the Board of Trustees to

allow the ASNMU president to sit in."

Hayes said she was unaware of Stanley's plans, partly due to the Aug. 28 meeting being cancelled.

"Normally, the assembly brings ideas up," Hayes said. "The president and I normally help point those ideas in the right direction and play those out."

According to Cindy Paavola, director of communications and marketing, the only non-voting member of the Board of Trustees at NMU is the university president, which would currently be David Haynes.

"A person would fill out the required paperwork through the governor's office," Paavola said. "The applicant must agree to a criminal background check.

"If there are no issues, the application moves along in the process to the governor."

Curently, ASNMU is allowed time at each Board of Trustees meeting to discuss any issues it wants the trustees to be aware, according to Paavola.

The agenda of the Board of Trustees meetings are made public ahead of the meeting.

"Most often ASNMU presidents have chosen to use their time to report on the activites of the group," Paavola said. "And of course, like the public, ASNMU representatives are welcome to attend all of the open sessions of the board meeting.

"However, ASNMU representatives are not allowed to attend the closed portions of the meetings."

According to Hayes, the general assembly of ASNMU has the power to make any plans and the ASNMU president would have to go through them before following through with any plans

Those on campus last year will remember Stanley for being jailed due to contempt of court.

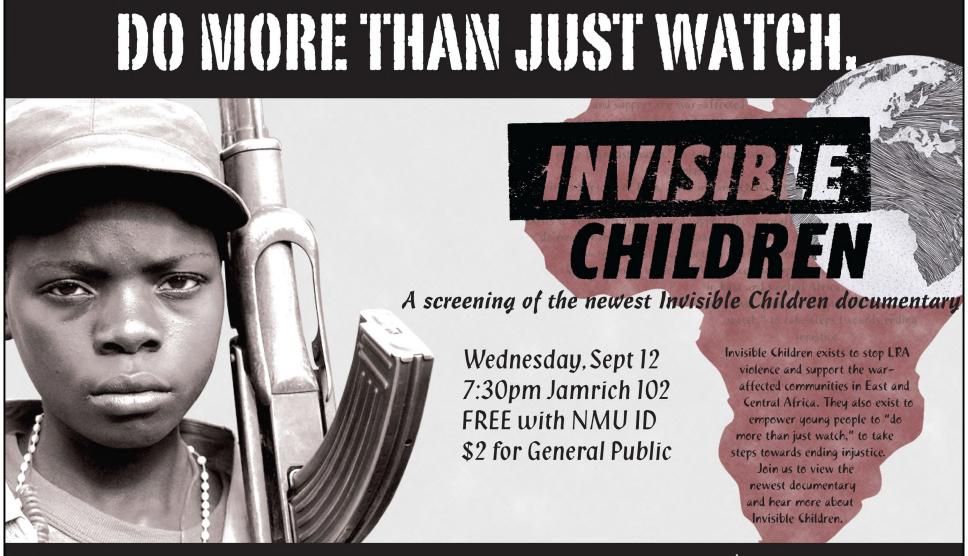
While he was being considered for impeachment while he served his sentence, he was ultimately sworn in after the affair and remains the current AS-NMU president.

"[The incident] helped because many did not know what ASNMU was until this happened," Stanley said. "The ordeal taught me a lot, such as everyone goes through tough times."



I feel we could be more wellknown but I know we can achieve that improvement.

> — Ben Stanley ASNMU President



Q&A immediately following the screening.





# INTRAMURAL **SPORTS**

Thank You to All of Our Winter 2012 Champions!





## **PURCHASE YOUR REC PASS** Student rec passes are \$70 each & JOIN US!

semester, or \$130 for two. Stop by the PEIF during open recreation hours and purchase your rec pass. You may also do so online by logging on to your mynmu account.

## FALL 2012 INTRAMURAL SCHEDULE

### **SPORT**

Flag Football Dodgeball Ultimate Frisbee Volleyball Innertube Water Polo Battleship **Tournament** Sitting Volleyball

### DIVISION

Mens, Co-Rec Mens, Co-Rec Open Womens, Co-Rec Open Co-Rec

Open

### ENTRY DEADLINE

Sept. 12 Sept. 12 Sept. 19 Sept. 19 Sept. 26 Sept. 26

Sept. 26



Register a team online at www.nmu.edu/recreation or stop by PEIF 126 for an entry form.





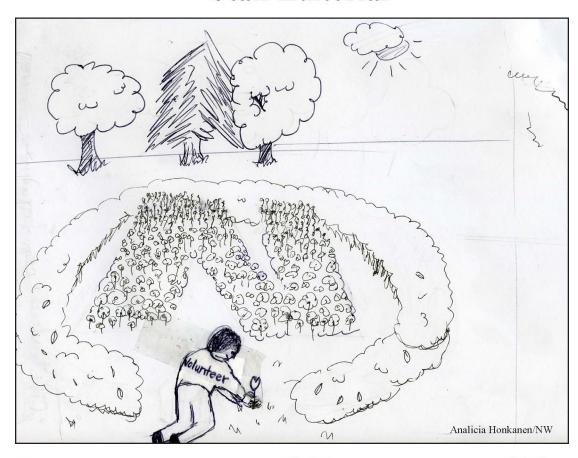








#### **Staff Editorial**



## Immerse yourself in campus life

The North Wind welcomes students and faculty to campus. With another semester brings a bounty of academic and extracurricular possibilities for everyone to enjoy.

Students' time spent at Northern may seem lengthy and exhausting, but time goes by quickly in a college environment.

Students should ready themselves for a busy semester. That means getting in the routine of visiting the library for late-night study sessions and waking up early for morning classes.

While studying is important, don't forget to explore all that Northern has to offer.

A challenge to every NMU student: become more engaged with your community. Classes are important, but they are only one part of the experience at NMU.

Make a goal for yourself: join an organization, go to the Volunteer Center to donate your time or be a part of a cause that you care about and find out how you can help.

Students at NMU will graduate and go on to prove they are accomplished professionals.

It is fine to plan for the future, to hope for success, but while you invest in yourself, try investing in the community you are a part of.

As interim President David Haynes said in his convocation, we need to rethink, renew and reconnect not only as a university, but as a community of students.

Rethink the way you interact with your peers on campus, get involved with student government and voice your opinions.

Renew the bonds that unite us as students. Reach out and contribute to the environment that

Reconnect with the community. Marquette has so much to offer, so don't be afraid to be ad-

Academic achievement should be a priority, but college is so much more than just a transcript. This is the time to further your narrative—the story behind the grades.

NMU is an incubator for personal and intellectual growth. This is the place where you discover how powerful your actions are, how far your voice can travel.

If you want to be heard, then speak up. Write a letter to the editor if you feel that you have something important to say to your fellow Wildcats.

Community is important, no matter where you are. A community is only as good as the sum of its parts, so improve upon yourself and you will make a better place for everyone else.

This semester is a new chance to reinvent yourself. Join us in a commitment to become better individuals this semester.

The North Wind staff expects a lot from the students of NMU, and the staff knows that you expect a lot from the North Wind.

This semester will prove to be our best yet because the North Wind wants to bring you the very best news; a myriad of student perspectives; and a guide to what is going on in your community.

Our staff will bridge the gap between the you and the what is happening around you.

With your help and input, the North Wind will continue its service to the student, faculty and

The North Wind will continue to represent the interests of NMU's student body and encourages

## Leaving home smart choice for students



I remember my last days of high school, and the only thought on my mind was getting out and going off to college.

A big reason I chose NMU was for its location, being quite opposite from Nothern New Jersey. I never liked most of my peers in high school, finding them to be arrogant and superficial.

My friend Matt asked why I wanted to leave so badly, and I told him I knew it was the best thing for me.

Within a few days of moving in the dorms, I made quite a few good friends and just really enjoyed how things were going for me at Northern.

I love everything about Northern Michigan University, from the friends I have up here to the beautiful location in the U.P. It's great that if I feel like swimming, the lake is a couple minutes away.

If I want to go on a hike, there are places just a few minutes away as well.

If I want to play catch, football, frisbee or any other activity, plenty of people in the dorm are willing to just step outside and

I just adore the sense of community among the Northern stu-

However, my feelings for New Jersey have changed. I'm not sure how they changed but after a few months back after being away for a while, I realized there are just as many positives as there are negatives.

The place is honestly not bad at all. I mean, I'm 40 minutes from the biggest city in America, and just as close to the mountains in the opposite side of the

A little further away, about an hour or two, is the Atlantic Ocean and the extremely entertaining boardwalks.

It's great there, as long as I I expected

avoid Seaside in the summer, and I have MTV to thank for ruining that town.

I have the best group of friends anyone could have back home. Even a thousand miles of separation cannot put a damper on our friendship. The last day I was in New Jersey, my friend Matt asked me to consider transferring back to a local school. I told him I would do what is best for my life. I know that no matter what happens in our lives, we will always have each other.

Don't get me wrong. I love NMU and I am glad to be back here. It's just that I do have a life back home as well.

As much as I looked forward to coming back, there was an equal part of me that wanted to stay back home with my family and old friends.

The only difference between a year ago and now is that last year, I wanted nothing to do with my home state and felt positive I would stay in Michigan forever.

Now, I feel uncertain of whether I want to remain in Michigan after college or return back home.

I suppose it was returning home after being away for so long that I began to truly appreciate what I used to take for granted.

I still have some time to make up my mind, but I am surprised about these feelings of uncertainty when not too long ago I was completely convinced about what I wanted.

I figure no matter where you go, your home will always be your home, no matter how much you wish to have no association with the place whatsoever.

It may take a few months or a few years, but in the end, there will always be an appreciation for the place we grew up.

At first I thought leaving was best because New Jersey was not the place for me at all, but now I realize leaving made me appreciate the place I used to hate with a burning passion.

What I told Matt was the truth, that leaving was the best thing for me. It was just not in the way

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## Students hurt by higher tuition State legislature to blame



Students' tuition had a higher price-tag after NMU announced that they would be raising the cost of tuition by 3.5 percent, or \$148, for the Fall 2012 semester.

While I don't enjoy incurring more debt for an education during a lengthy recession, I do think it is important to address the factors that cause tuition to be raised every year.

Yes, I did say every year. If one were look at the minutes from NMU Board of Trustees' meetings for the past six years, one would find that tuition has increased on average of 6.8 percent every year.

According to a proposal submitted by former NMU Board of Trustees Chair Dr. Douglas B. Roberts, increases are due in part to three major factors: (1) the cost of inflation, (2) state appropriations to the university and (3) growth.

The average rate of inflation over the past six years has been 2.83 percent.

When I looked at the rate of inflation for each individual year and matched that rate with the increase in tuition, I noticed that tuition was usually just a percent higher.

In some years, for example 2007, tuition has increased by as much as 9.25 percent.

It would seem as if increasing the cost of tuition would hinder students' ability to attain an education at a reasonable price. It is easy to point at the Board of Trustees or the president of the university, but students should be upset with the state legislature.

The major factor that causes tuition rates to increase is the amount of appropriated funds from the state.

Michigan has been slowly decreasing the amount of appropriated funds for public universities over the past decade.

In 2006, the per-student appropriation was \$5,425. In 2011, it was \$4,468.

Tuition charges and state appropriations share an inverse relationship: when one goes up, the other goes down.

Unfortunately for college students in Michigan, state appropriations have been falling, and they have been shouldered with the burden.

According to a study issued by the Presidents Council State Universities of Michigan (2006), while state support has decreased and enrollment has increased over the years, the result has been per-student appropriations that have fallen far behind the rate of inflation.

Michigan universities have had to stretch their dollars farther than ever before.

Since state and federal governments are supposed to work together, it is somewhat bewildering that Michigan has cut funding for higher education while the federal government has been locked in a heated debate about student debt and loan interest rates.

By cutting funding for higher education in Michigan, the state has inadvertently caused public universities to raise their tuition so that they can continue serving their students with quality programs, professors and accommodations.

Driving up tuition means that more students will receive larger federal aid packages; the federal government will have to allot more money for student loan programs; and this puts a burden on an already tight budget that Congress has yet to settle.

It is disappointing that higher education has been reduced to a tagline in so many politicians' campaigns.

It is hard to imagine getting a job without a bachelors degree these days. A college education has become commonplace in American society and receiving said education no longer seems like a choice, but a requirement.

By increasing the cost of an education, students are being weighed down by substantial debt, which for many is hard to conceptualize because students are often divorced from their federal loans. They fill out of the FAFSA and worry about the cost later

These students will be upset with increases in their tuition, will target Northern and place the blame on them for the increase.

Though it is easy to vilify those close to home, it is not the NMU Board of Trustees who raised the cost of tuition. It is the state legislature with their neglect for higher education and stingy appropriations.

If students are angry, if they want to make a difference, they need to get out and vote in the general election.

Research the candidates, see where they stand on higher education and vote accordingly.

Students should call their representative, send him/her a letter and voice their opinion. Make your voice heard in local and state government.

The students are the ones who need to act. Their voice needs to be loud and clear. If pressure is not put on representatives and senators, they will continue to drain funds from universities and increase the cost of an education.

## **Sound Off**

compiled by Kristen Koehler

How do you feel about the increase in tuition?



Adam Steinhauer freshman, mech. engineering "I didn't know it increased. As long as it goes to something useful."



Matt Flessner junior, zoology "Do we get more out of it?"



Josie Campbell senior, history "I don't like it, but if it's needed, it's needed."



Nolan Pettersen freshman, music "If tuition is going to be higher, we have to see a return from it"



Brittnee King senior, clinical lab science "The school should get more money, just not from the students."



Christine Esposito
junior, history
"It's normal. All colleges raise
tuition."

### Letter to the editor

I graduated from NMU and I am currently in my 37th year of employment at this university. I feel honored and lucky to have worked in a job I have so thoroughly enjoyed and at a university that has been such a big part of my life.

Currently there is an issue that concerns me to the point where I need to express myself.

The majority of the employees classified as Technical and Office Professional Staff are secretaries. For the past several years they have either received minimal raises or no raises at all due in large part to the economic challenges in Michigan.

Most of these employees had modest wages to begin with and with the increased costs for health insurance and everything else they continue to fall further behind and find it increasingly difficult to make ends meet. They recently turned down a contract that did little to improve their situation.

Now that the economy is beginning to improve I believe it is a moral imperative for us as a university to provide these people with a living wage. As Northern continues to grow and advance secretaries have taken on additional roles and more complex and technical tasks

I have had the privilege of working with outstanding clerical employees in the Center for Student Enrichment; it would be impossible for us to even begin to do the things we do without their significant contributions.

I find it difficult to see what is asked of the clerical staff in our office and to know that their compensation does not correspond to their value. I believe this is likely the case in most offices and departments.

Universities have always been at the forefront of social justice issues and I believe this is one of those. Sometimes market studies have to be put aside and someone somewhere has to be the leader in doing what is right.

I am hopeful we as a university community will recognize that providing a livable wage is the right thing, the ethical thing to do for a group of people who have so much to do with making NMU a special university.

While budget issues are still, and will most likely always be a challenge, we as a university have a lot of intelligent, creative, resourceful people working here and we always seem to find ways to accomplish the things that need to get done over the years. It has been a part of our DNA.

Taking care of the Technical and Office Professional staff would not only be deeply appreciated by them, but would reinforce for all of us that Northern Michigan University remains a special place and a caring community.

> David Bonsall, director Center for Student Enrichment

# Unforetold wonders for students who study abroad Look into program that suits your major and start planning today



Column

This year my summer vacation got ramped up when I participated in an NMU study abroad program to Ireland, combining a priceless and mind-broadening trip to Ireland with college credits and internship experience.

It took the age-old "What did you do on your summer vacation?" question and blew it out of the water.

The more appropriate question seems to be, what didn't I do this summer.

The Emerald Isle has always been on my top list of countries to visit, and I wasn't disappointed-it was full of friendly people, ancient castles and green fields with fluffy sheep penned in by stone walls.

In short, it was everything I had ever imagined of Ireland, and just as postcard-perfect as the movies (P.S. I Love You, anyone?) make it out to be.

Bus tours, museums and locals helped me learn about the country's origins, such as the

takeover by the Vikings, and the subsequent years of selfrule leading up to the spread of Christianity by Saint Patrick.

Yes, the same one we have to thank for our much-beloved green holiday.

I stood on the Cliffs of Moher, rode horses in the Wicklow Mountains, stood inside the ancient site of Newgrange, ate at the King's Head Pub and chased sheep on the Aran Islands.

On one tour I even left the Republic of Ireland and went North to Belfast, where the Titanic was built, to see the Giant's Causeway.

The only indicator we had left the country and we were now in part of the UK was the line on the side of the road.It changed from yellow to white.

The real focus of the program was on my internship; a job tailored to my needs, goals and the kind of skills I wanted to develop for the real world.

It was everything I had hoped for and more.

The European Union Studies Association set me up with an intership at Brookside, a small little publishing services business just a 20 minute tram ride south of City Centre.

Also situated in the same

building—a little row of cot- how much I appreciated it. tages converted into an officewas New Island Books, a real live publishing company.

As an English major who wants to work publishing I was thrilled. I learned that the entirety of publishing is composed of chance.

You can study trends, previous sales, and the forecast for the book market ahead, but the truth is nobody really knows what will be popular and what will not.

I have heard of extremely popular authors being turned away from several publishers before hitting it big, but every editor has those kind of dilem-

It is a bitter pill to swallow, but the truth is there is no secret formula. There is only chance.

I also found out that food is a crucial part of the publishing

There is a lot of chocolate and cookies consumed around the office everyday.

Publishing is a human enterprise, so of course my coworkers played a large role in internship experience.

My co-workers did everything they could to make me feel at home, and I hope that they knew

Advertise Your

After Ireland, I knew with certainty that this is what I wanted to do with my life. I had the skills to achieve that goal.

NMU has programs and partnerships that send students almost anywhere on the globe; for a semester, a year, a class trip, a volunteer opportunity or even just an amazing summer.

I know that you can get those kinds of experiences much closer to home, so why go abroad?

It's true that traveling isn't cheap, but my program didn't cost any more than a normal semester of school might.

Plus you're getting more than an outstanding resume addition-although that's always a good thing.

Traveling to other countries forces you to step outside of your own bubble, beyond your normal comfort zone.

You will see another culture, you will broaden your mind and will have taken the time to learn something new.

Living in another country tells people that you are mature, that you can find your way in unfamiliar territory and you can rise to a challenge.

The NMU credits and work knowledge aside, you will open

business or event in

yourself to something a lot of people will never experience.

Now is the best time to start planning this kind of adventure.

Go to the International Programs office in Whitman, or watch for meetings in the Stu-Announcements—new destinations and programs are always being introduced.

This year there are many different study abroad opportuni-

You can read contemporary Chinese literature during the winter semester and then travel to China to learn about photography while traveling.

If nature and ecology is your thing, then consider a trip to Costa Rica to study ecosystem management.

You can create your own study abroad experience. There is an endless list of possiblities.

Go find one that suits your major, your interests, your needs and your budget.

You'll have your own story to talk about when someone asks what you did on your summer vacation, but you'll also have much more than that.

You'll have new friends, new skills and you'll look at the world just a little bit differently than you did before you left.







Great news! A bright, new fun-to-shop T.J.Maxx is opening near campus. So now you can score all the mall store styles you love, from designer denim to trendsetting tees, and even dorm décor, without the outrageous mall store prices. Mark your calendars today. With our selection and savings, shopping at T.J.'s is a no-brainer.

Check out your new T.J.'s at www.tjmaxx.com/grandopening

ladies | men | home | accessories | jewelry | ladies' footwear | beauty | activewear | women | juniors | kids



## Political parties caught in their own contradictions Democrats and Republicans both to blame for two-faced policy



Guest Column

James Heltunen

The fall brings a change of the seasons. The leaves turn red and carpet the Earth.

It is a predictable natural phenomenon. Autumn also facilitates a much less predictable American process: election sea-

But unlike the natural laws, American politicians are not bound by science or physics. Political survival justifies any means to an end.

The American politician currently runs solely on electability. They are willing to sell out their principles for votes.

They are willing to create a tax loophole for a Super-PAC's support.

The politician blatantly lies to the American public and often supports contradicting policies.

It is not surprising that the former Chinese Communist leader Deng Xiaoping once said, "The United States brags about its political system, but the President says one thing during the

he takes office, something else at midterm and something else when he leaves."

One of the founding principles in the Constitution is limited liberty.

Limited liberty allows you to pursue your needs and interests as long as they do not infringe upon another person's liberty.

Simply put, you cannot kill your neighbor for his land because that infringes on his right

Both Republicans and Democrats claim to love liberty and the pursuit of happiness.

Unfortunately, their actions speak louder than their rhetoric.

Let's look at the Grand Old

They are the self-proclaimed sons and daughters of the Constitution.

The Republican Party supposedly loathes unnecessary government intervention in the economy and personal life.

But once regulations are put into law, a different reality comes to light.

Republicans that "distrust" a large federal government somehow helped create the Patriot Act ("sneak and peek" warrants and roving wire tapes) under

election, something else when former President George W.

They dislike government intervention in the economy but supported the bank bailouts in 2008.

Democrats are allegedly the party of the working-class, the anti-imperialists and the progressives on social reform.

They claim to battle all forms of discrimination and believe that all individuals have equal rights regardless of race, sex, sexual-orientation or religion.

Democrats support the principles of limited liberty in the Constitution by mainly supporting the First, Fourth and Fifth Amendment.

Unfortunately, they supported the Patriot Act under former President George W. Bush and President Barack Obama renewed it in 2011.

The Patriot Act can allow the government to violate those same amendments according to the American Civil Liberties

The United States Department of Treasury claims that the Patriot Act is intended "to deter and punish acts of terrorism in the United States and around the world."

Instead of protecting people,

this act has allowed law enforcement to breech the privacy of millions of Americans, circumventing due process and obtaining information without warrants.

This doesn't sound like antiimperialism to me, nor does it sound like small government.

This debases the credibility of both parties because they go against their own platform, their coveted ideology.

The two parties contradict themselves again by fighting a person's Second Amendment right to own a handgun or assault rifle.

Democrats talk about being the working class party but most voted for the bank bailout in 2008 and the auto bailout in 2009.

Both these bailouts cost the working class billions of tax dollars. NBC News reported in 2012 that the White House estimates that taxpayers will lose \$25 billion on the General Motors bailout alone.

The proponents of the working class are actually hurting those they swore to protect. Whose interests are they serving? Not ours.

A nation reaps what it sows. We keep electing officials who contradict their own philosophy. We do not hold them accountable.

Americans have grown apathetic towards Washington D.C. and our noble form of government.

Young Americans and college students especially need to become more informed and involved.

The young demographic is frequently under-represented in general elections. Because of this, both parties cater to the needs of others rather than the young population.

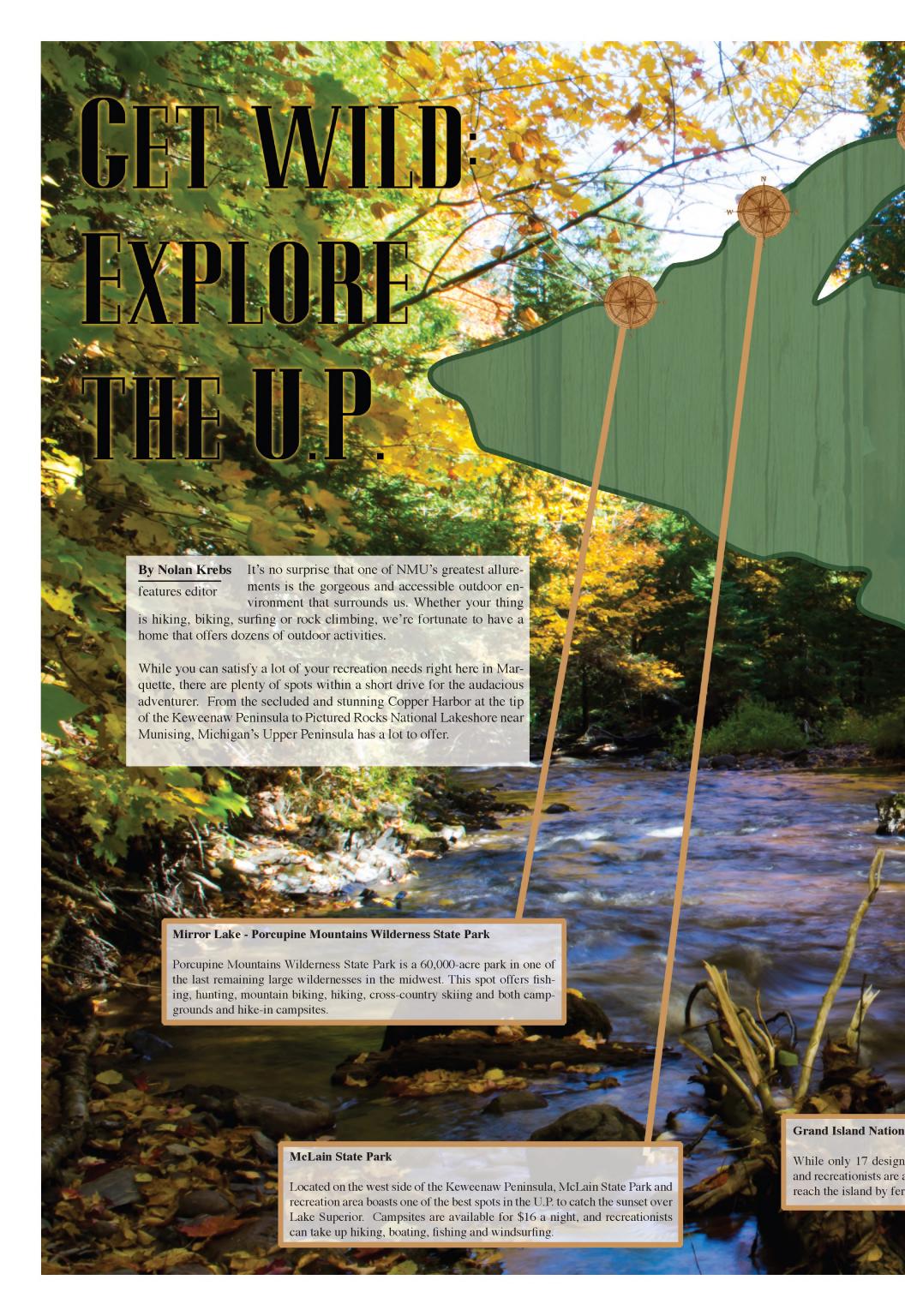
It is imperative that students become more involved in the political process by casting their votes after careful consider-

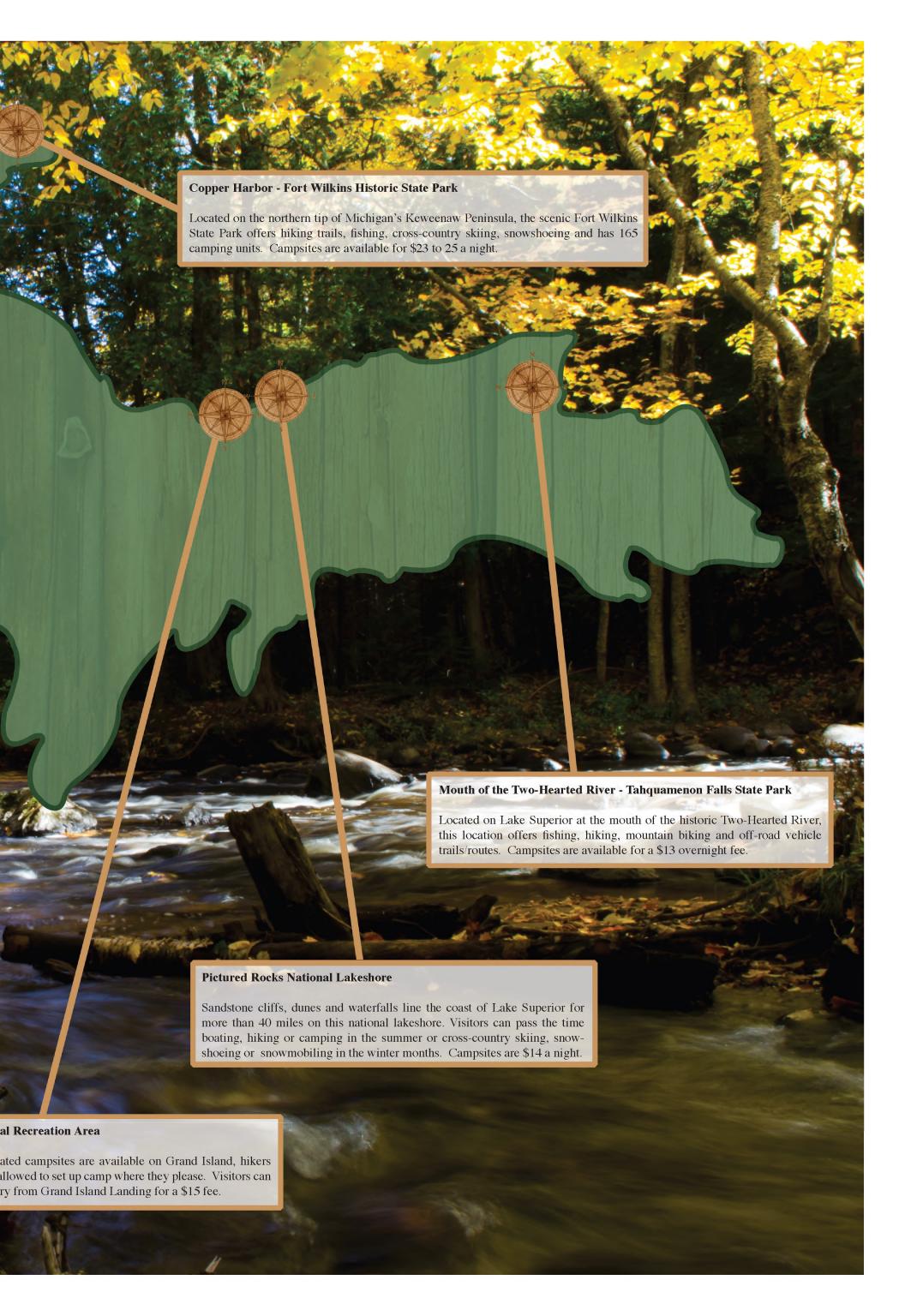
I encourage all to learn the principles of freedom and liberty. Learn about all the different issues and never compromise principles.

Vote with logic and reason instead of emotion. Don't vote on the basis of party affiliation. Look into the actions of both parties and make your decision.

There is too much at stake in this upcoming election for us to make the same errors in judgement. Enough of the status quo. It's time for a real change.







**FEATURES** Thursday, Aug. 30, 2012

## Performing Arts Series unveils new direction

By Nolan Krebs

features editor

The Northern Michigan University Performing Arts Series will be unveiling a new name and a new direction for the 2012-2013 school year.

The series, now entitled "Northern Nights," has been bringing internationally recognized performers to campus since the 1980s.

The change to the name Northern Nights is synonymous with a fundamental shift in the program. In 2006, the NMU's Performing Arts Series became the International Performing Arts Series in an attempt to bring renowned world music artists to the community.

The new series will include a wide variety of music from a number of genres, said NMU's Performing Arts Series director Dan Truckey.

"The biggest difference between the past several years and now is that the main focus isn't on specifically world music," Truckey said."We aren't looking to book only performers from outside the U.S. We want to represent American artists as well as world performers."

The shift in direction was part of an effort to generate interest in the Performing Arts Series, Truckey said, which has seen a decline in concert attendance in the past two seasons.

"The series was losing some pull with the local audience and with students," Truckey said. "Our focus groups discussed ways to invigorate the program, and part of that strategy is to bring more accessible acts to the community."

Northern Nights will host six shows this year, the first of which will feature singer-songwriter Susan Werner, a folk and jazzinspired artist from Iowa.

"We've wanted to bring in a really great singer-songwriter and Susan is a fantastic artist," Truck-

"For this show and also some others in the future, we'll be bringing in local talent for opening acts when it's possible."

Local acoustic outfit Goldmine Girls, composed of sisters Gentian and RiLee Waller, will open for Susan Werner at 7:30 p.m. on Friday, Sept. 7 at the Forest Roberts Theatre.

Tickets prices are \$2 in advance and \$4 at the door for students, \$10 in advance and \$12 at the door for faculty, staff and seniors, and \$15 in advance and \$17 at the door for the general public.

"Another upcoming show that we're really excited for is the Homemade Jamz Blues Band from Mississippi," Truckey said. "They're one of the youngest, most talented blues bands in the country, and it's been awhile since we had a get-up-and-dance blues band on campus."

Flat Broke Blues Band from



Photo courtesy of Susan Werner

Susan Werner performs at 7:30 p.m. on Friday, Sept. 7 at the Forest Roberts Theatre. Werner, a singer-songwriter rooted in jazz and folk music, is the first artist in the NMU's new Performing Arts Series, Northern Nights.

Marquette will open for the Homemade Jamz Blues Band at 7:30 p.m. on Saturday, Oct. 13 in the Great Lakes Rooms in the University Center.

Tickets for students are \$5 in advance and \$6 at the door, \$13 in advance and \$15 at the door for faculty, staff and seniors, and \$18 in advance and \$20 at the door for the general public.

Ticket prices for the Northern Nights series have also been lowered this year as part of increasing appeal for students. Prices are based on a tiered structure that is adjusted to the cost the performance itself.

"It's cool that they've decided to lower prices this year and I think it will help to get more people interested in the shows," said senior secondary education major Steve Goulding. "They bring in a lot of great artists, but the tickets can get expensive if you don't get them in advance and just try and buy them at the door."

Season passes are \$20 for students and kids, \$60 for faculty, staff and seniors, \$85 for the general public, and \$30 family passes will also be available. Season passes may be purchased at the Superior Dome ticket office and individual tickets are available at EZ Ticket outlets.

"We have really high expectations for the series this year and we're really looking forward to it," Truckey said. "We want to keep bringing in great artists and make the performances more accessible to the students and com-

## Fall fashion offers plenty of choices

By Linnea Imam

contributing writer

It's often too easy to predict what we're going to see for fall: the standard coats, boots, and darker colors that can get boring when combined with Marquette's gray days.

Soon enough the leaves will change, and for our most colorful season, Vogue tells us that this year black is back. This fall there are a lot of ways to make the shade less limiting.

It could be a floral print on black background, black and white snakeskin, or mesh paneling and cutouts that spice up the

Think about an interesting high-low hemline on a bodycon skirt, or some dip-dyed dark jeans. Try a classic leather jacket or panels of leather on a skirt or on a sweater.

If you feel bold get a pair of leather leggings; they'll keep you warm when the days get cold and the American Apparel ones are a cheap alternative to splurging on the real deal.

A little bit of luxury has come to us straight from the runway. Brocade is a richly decorated



Black sweaters and leggings, '90s-inspired plaid patterns and luxurious brocade are a fewpopular styles this fall.

floral pattern that is made from woven silk. It's hard to picture but familiar and easy to identify when you actually see it.

It is a trend that seemed outside a college budget but Urban

Outfitters and Nasty Gal have affordable printed versions of the season's most elegant style.

The pattern is fabulous on a mini dress with cap sleeves, and seriously pops on a pair of leg-

gings. It's not a look to be shy in and hopefully more stores will be printing it and some daring girls

The movement to perhaps be the most excited about this sea-

son is '90s inspired plaid patterns. Not over-sized flannels from Goodwill, even though they are already a staple in a lot of wardrobes at Northern.

Online stores like Free People and Nasty Gal are showing some modern and feminine takes on one of the decade's most questionable looks.

Plaid pants and scarves have an edgy-meets-preppy feeling that is perfect for the beginning of the school year and you'll stay warm and comfortable in them.

Dresses with cinched waists and carefully placed cutouts will flatter your figure while radiating the grungy, kick-butt energy the 90s was known for.

American Apparel has pages of plaid items from crop tops to fitted button downs to chiffon skirts, heightening the versatility of this pattern.

These three trends date back decades, but for fall it is all about how you wear them. Try out options that are close to your style and don't be afraid to stand out. Go shopping in your mother's closet for those forgotten pieces

Confidence and creativity is key for livening up your wardrobe and breaking the cycle on this once monotonous season.



<u>FEATURES</u>

## Volunteer service project to India offered in winter

By Nolan Krebs

features editor

NMU students will have an opportunity to volunteer in India this winter through a new servicelearning project offered by the International Programs Office.

The program, tentatively scheduled from Dec. 27 to Jan. 13, will take students to Dehli and Palampur in Northern India, where they will have the chance to work with orphans and school children, as well as visit local tourist sites.

"We call it 'voluntourism'," said Superior Edge director Rachel Harris. "Students get to split time between volunteering with the locals and getting to explore some of the country."

Each day, students will have the opportunity to choose from a number of activities to assist with. They may volunteer with orphans and preschool children, teach lessons and computer skills in a classroom setting or instruct youth about health education.

"The focus for a project like this is on service," Harris said. "Volunteer service projects differ from other international programs like study abroad because students don't receive any college credit."

The program is hosted by the NMU International Programs Office, Superior Edge and the organization Idex, which provides tourism and volunteering programs to international travelers in Nepal and India.

"We worked with Idex the last time students visited India, which was a year and a half ago," Harris said. "We were really happy with how everything worked out and we're excited to partner with them again."

In their remaining time, volunteers will explore locations such as the Taj Mahal, the Dalai Lama's main temple, the Jaipur City Palace and various museums and markets, as well as hike in the Himalayas.

"India is really a beautiful place," Harris said. "There are



Northern students visit the Taj Mahal during the last volunteer service project to India in 2010. Student volunteers split their time abroad between volunteering with needy communities and traveling through the country.

so many people and so much going on that it makes for a really unique experience for students who want to travel."

The estimated cost of the trip is between \$3,200 and \$3,500, which includes airfare and any other expenses.

"Our goal is to have between 16 and 18 people sign up for this service trip," Harris said. "It's a great opportunity to log volunteer hours and to travel."

While college credit and financial aid aren't available for service learning trips, many students find the trips to be well-worth the

"Getting to work with kids on service learning trips is really rewarding," said junior environmental studies major Emily Goodman, who traveled to Belize last year on a similar program through Superior Edge and the International Programs Office.

"It was a unique experience because we not only volunteered at an elementary school, but we were immersed in the culture and the environment of a whole new place," Goodman said. "They loved having us there and we loved being there."

Students in her volunteer group would work with children in the classroom during the school day and explore the environment before and after classes.

Fully experiencing a new culture is another benefit of service trips, Goodman said.

"Culture shock is always expected when you travel to a place that you've never been," Goodman said. "I felt out of place for the first day or two, but felt a lot more comfortable once we started actively participating with the

Students are required to be enrolled in Superior Edge in order to register for volunteer service trips, which fulfill many of the required diversity and citizenship hours required to complete the program.

"What you are doing really means a lot to the people and communities that you are traveling to and helping," Goodman said. "They will never forget the positive impact you made."

For more information on the winter volunteer service trip to India, interest meetings will be held at 4:30 p.m. on Wednesday Sept. 5 and also at noon on Friday Sept. 14 in the Cadillac Room of the University Center.

Students can also email Rachel Harris at raharris@nmu.edu or Gary Stark at gstark@nmu.edu or call the Superior Edge office at (906) 227-6543.



Photo courtesy of Superior Edge

Students spend recess with school children in India in 2010. Volunteers may teach a variety of subjects, from health education to computer skills.

## Study tips for a successful semester

By Jordan Beck

contributing writer

It's a fact of college life: sooner or later, you'll find yourself stuck with a pile of disorganized notes you never bothered to look beverage of choice, and mere hours before an exam that could make or break your grade.

While studying regularly is still crucial to good academic performance, there are a number of simple ways to make preparing for those exams far less grueling.

First of all, it's important to remember that good study habits start with good notes. It might seem boring, but making sure to take thorough notes during class lectures might help you avoid wasting valuable time looking things up later on.

That's not to say you have to write down your professor's

lectures word-for-word, though. Good notes aren't a transcript of a class session, but a summary.

Once you've got your notes ready to go, make sure to study them a little bit every day.

While hitting the books after hours of class certainly might over, a glass of your caffeinated not sound appealing, taking 30 minutes or so to look over your notes daily could save you from an eight-hour cram session on the night before exams.

> This is a strategy that many students swear by.

> "If you learn everything all at once in a late-night cramming session, none of the information will make it into your long-term memory," said senior political science major Ward Lindeman. "You have to study every day to make it long-term."

No matter how good you are at reviewing your notes, you'll probably have a few long study sessions over the course of the

A great way to help yourself through these is to take regular study breaks every hour or so.

Of course, not all styles of studying work for everyone. As a result, it's entirely possible the method you're currently using to study might be giving you less than ideal results.

The important thing is to realize this early on and change it, a problem that's often observed by resident adviser T.J. Aiyash.

"One of the most common study-related problems I see is students waiting until they do poorly on a test to study differently," Aiyash said.

"If you don't seem to be remembering much info from studying normally, try joining a study group, signing up for tutoring, or even studying in a different environment, such as the library."

Finally, there are a few small



Photo courtesy of Superior Edge

Students spend recess with school children in India in 2010. Volunteers may teach a variety of subjects, from health education to computer skills.

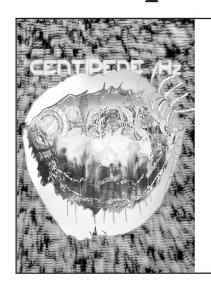
things you can do that don't involve studying at all. One oftenoverlooked tip is to get at least eight hours of sleep on the night before a major test.

Another quick way to help yourself on exam day is to eat a good breakfast. Even a piece of

toast with peanut butter can kickstart your brain.

Studying might not always be easy or fun, but if you start making an effort to learn the material now, there's a good chance you'll have it memorized by the time final exams roll around.

## "Centipede Hz" provides otherworldy reunion



**Album:** Centipede Hz

**Artist:** Animal Collective

Release Date: Sept. 4

Label: Domino

**Runtime:** 55:43



By Nolan Krebs

features editor

Whether you relish their obscurity or can't turn them off fast enough, Animal Collective has been a game-changer for experimental music during the last 10

From their beginning, Animal Collective have pushed the limits for their listeners by blending genres beyond recognition and adhering to no identifiable songwriting formula, while still crafting an unmistakable and original sound.

The group's earliest records

demonstrated their penchant for bending the rules. "Sung Tongs" (2004) utilized mostly just acoustic guitar and tribal drums to melt peoples' brains, while 2005's "Feels" built songs around the loops of an deliberately out of tune piano and electric guitar.

The band, consisting of the aliased members Avey Tare (David Portner), Panda Bear (Noah Lennox) and Geologist (Brian Weitz), found a significantly more mainstream breakthrough with their album "Merriweather Post Pavillion" (2009).

Teaming up with producer Ben Allen, "Merriweather Post Pavillion" showed a much larger audience that a prowess for writing catchy pop hooks was resting beneath their otherworldly surface.

In the wake of their hugely popular album and it's single "My Girls," Animal Collective stayed relatively quiet. Avey Tare and Panda Bear both released successful solo albums, but not much was heard from the band as a whole.

In May, Animal Collective announced its ninth studio album, "Centipede Hz" and released the albums first single, "Today's Supernatural," via a weekly radio show on the band's website the following month.

"Centipede Hz" marks the first collaboration of the original four members since 2007's "Strawberry Jam."

The group's fourth member, Deakin (Josh Dibb), left the group briefly in 2007 to take a break from the rigorous touring schedule.

The opening track "Moonjock" brings the listener back into Animal Collective's familiar sonic territory, with a rush of muffled radio noise and a hollowed-out, crunchy stomp that slowly gives way to cascading vocal harmonies from Portner.

The first songs on the album introduce one of the cooler but less noticeable parts of the album: the ebb and flow of the muffled background noises, which sound

like a satellite picking up Bill Nye outtake reels and cosmically fusing them with other weird noises from space. They provide an important texture for the centipede/ alien feel that the record unmistakable has.

After another brief intermission of jumbled static, "Today's Supernatural" allows a lessabrasive, loftier and more danceable moment as Portner howls, "You find something you believe that you should do/sometimes it won't come so easy/so sometimes you've gotta go get mad."

Extracting literal meaning from an Animal Collective song is on par with transcribing medieval poetry, but it's there to be found on "Centipede Hz" if you look hard enough.

"Applesauce" is seemingly a light-hearted ode to the pleasures of fruits and veggies, bordering on silliness, but towards the end, Portner sings, "One day maybe I'll have a cool kid with a granny/ but I don't have a pose for applesauce on clothes."

Moments like these on "Centipede Hz" find Animal Collective contemplating their maturity. As a band they've released almost a dozen records in some form or another, records that have inspired countless bands to use be bold and experiment with weird

sounds.

As adults, some of them have had kids and have briefly stepped away from Animal Collective, but here it seems they're continuing to explore their identity through their work, and it sounds good.

Not surprisingly, "Centipede Hz" can't be boiled down to a few suggested tracks to throw on an iPod.

It is a much less blissful and much more sprawling record than their last, which won them such a broad fanbase.

Longtime fans will rejoice in the bands adherance to their trademark sound. With Lennox playing drums throughout the album, and Deakin returning to the electric guitar, there are bountiful layers of rhythm and melody to keep the curious listener inter-

Another notable plus for the band was their creativity involved in the album's release.

The weekly Internet radio show that previewed and eventually fully revealed the album was innovative and engaging way to connect directly with their fans.

For "Centipede Hz," which is common with Animal Collective albums, it's best enjoyed when you let it float by you in an empty space and cling to you however it naturally does.



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SPORTS Thursday, Aug. 30, 2012

# Football gears up for season opener Defense switches to 4-3, Ryan Morley named starting quarterback

By Jon Young

sports editor

New coach, new quarterback, new defense: the NMU football team has gone through a major overhaul after their 4-7 season a year ago.

Head coach Chris Ostrowsky takes the reins after spending the past two seasons as offensive coordinator.

Ostrowsky, has focused on turning the program in a new direction and said he is impressed with how his team has respond-

"Everyone is very dialed in, and I think the culture has changed, in terms of us changing the brand, changing the way we go about, just understanding what the game is all about has been extraordinary," Ostrowsky said. "The kids are so bought in, they're so excited and I couldn't ask for anything more."

On the offensive side of the ball Ostrowsky has turned to redshirt freshman quarterback Ryan Morley to fill in for graduated senior Carter Kopach.

Ostrowsky, runs a no-huddle, spread offense, but that wasn't something that Morley had difficulty adapting to.

"That is one of the reasons I liked the system and what coach Ostrowsky brought to the table; it's basically the same thing I ran in high school so I was already use to it," Morley said.

The offense returns a veteran core of players that should help smooth the transition for Morley, including four starters from last year's offensive line, anchored by senior and 2011 All-GLIAC second team selection Jace Dan-

Senior running back Prince Young looks to pace the 'Cats on the ground after racking up 960 yards last season. The receiving core returns their top three performers from last season, led by juniors Christian Jessie, Christian Marble-King and sophomore Julian Gaines.

"We've got some great older leadership, guys who have been here and have been through the league and have had some really good success," Ostrowsky said. "It just makes everything go so much faster, they understand the system, they know the terminology."

On the defensive side of the ball first year coordinator Brian Newberry has brought in a 4-3 defense, opposed to the 3-4 the 'Cats ran a year ago.

"I think it's a defense they enjoy; it's an attacking style defense," Newberry said. "I feel really good about where we're at with our linebacker group and our depth there."

A big boost is the return of senior middle linebacker Eddie Knoblock who received a medical redshirt last season after suffering a knee injury.

Knoblock, a 2010 first team All-GLIAC selection said the players are reacting well to the new scheme.

"It's been a smooth transition with the new defense and all, everyone is kind of following their own spots and everyone's responded well," Knoblock said. "We're expecting to trick a lot of offenses, it's a lot more complex and we want to surprise a lot of teams."

Knoblock, and senior defensive end Zach Anderson have been named defensive captains for the 2012 season. Ostrowsky said he is thrilled to have their leadership anchoring the de-

"Having Eddie Knoblach and Zach Anderson back has really been amazing as a first year head coach," Ostrowsky said. "The thing that makes me really happy with those guys is the fact that they have bought in so much."

While the defensive line and linebacker core has their fair share of experience, the secondary is young after the departure of four senior starters from a

"We have to keep getting better in the backend and they're getting better every day but they're young and they're inexperienced," Newberry said. "If the guys in the backend make mistakes, it costs you games."

Newberry said one of the challenges is getting the players to understand the different looks the defense is introducing and keeping it easy to understand.

"We're pretty multiple on defense," Newberry said. "I think (the challenges are) just getting things and trying to understand the multiplicity of the coverage's that we run. I think we have to simplify it a little bit as coaches so those guys aren't guessing and they have clear minds and can play fast."

The Wildcats hit the road to kick off their season this week as they face the Findlay Oilers at 7:00 p.m. Thursday, Aug. 30 in Findlay, Ohio. The 'Cats knocked off the Oilers last season, 30-23.

## Defensive keys

- The defense has switched to a 4-3 under the direction of first-year defensive coordinator Brain Newberry.
- Senior 2010 first team All-GLIAC linebacker Eddie Knoblock returns after missing most of last season with an injury.
- Senior defensive end Zach Anderson returns to anchor the line after leading the 'Cats in tackles last season.
- The secondary is young with the graduation of four starters from last year's team.
- Junior safety Brandon Parson looks to lead the secondary. He finished the 2011 campaign with 41 tackles and two interceptions.
- Senior linebacker Josh Droese returns after missing the end of last season with a injury.
- •2011 NMU defensive newcomer of the year sophomore Wyatt Jurasin adds depth on defense



## Offensive keys

- Redshirt freshman quarterback Ryan Morley getsthe starting job as play caller for the 'Cats.
- Senior running back Prince Young looks to crack the 1,000-yard mark this season after racking up 960 yards in 2011.
- The offensive line returns four starters from last year anchored by senior and 2011 second team All-GLIAC left tackle Jace Daniels.
- The receiving core returns its top three performers from last season including 2011 All-GLIAC honorable mention junior Christian Marble-King, who led the team with 58 receptions in 2011.
- Senior field goal kicker Rockne Belmonte returns and also takes over the duties as punter. He set NMU's single season record with 15 field goals

Coach Ostrowsky has emphasized that he will focus on the running game in his offense.





Redshirt freshman Ryan Morley (6) looks to make a throw in practice earlier this week. Morley gets his first college start this week as he leads the 'Cats spread offense into Findlay.

Senior defensive end Zach Anderson (94) makes the tackle last year against Minnesota-Mankato. Anderson led NMU with 68 tackles and was a second team All-GLIAC selection.

# $\frac{S_{PORTS}}{Wrestlers\ keep\ busy\ during\ summer} \ \ _{19}$

USOEC keeps Greco-Roman program, recurits record numbers

By Laura Conway

staff writer

Though none of the current USOEC Greco-Roman wrestlers were able to compete in the 2012 London Olympics, they were able to win medals and make world teams elsewhere this sum-

Athletes that place top three in their weight classes at Olympic Team Trials become National Team members. Four USOEC Greco-Roman team members made the team this year: junior Max Nowry, senior Paul Tellgren at 55 kg, junior KendrickSaunders at 66 kg and junior Toby Erickson at 120 kg.

Nowry felt great going into trials because of the prep work done at the USOEC prior to heading to competition.

"I don't have to cut to make this weight so I felt good," Nowry said. "Hermann got us prepped really well; he tapered us at the right time."

Nowry's first match was against his teammate, junior Dmitry Ryabchinskiy, which he won to advance to the next

Nowry's second match was against Army rival Jermaine-Hodge and he came out victori-

"I had lost to him four times in a row over the last year," Nowry said. "It felt great finally overcoming that challenge."

Nowry made it to the finals match and had to wrestle former teammate and 2008 Olympian Spencer Mango of the U.S. Army.

"I knew what to expect going into the match; I'd wrestled him before" Nowry said.

Nowry said he didn't open up as much as he wanted to and ended up losing in a last minute pin. After a motivating talk with his coach and some good tunes in the warm up room, Nowry loosened up and wrestled better.

"Coach said I needed to have fun like I do in the mat room when I joke around with everyone," Nowry said. "I pushed the pace and was more aggressive in the second match; I was having more fun."

Spencer ended up getting a point in the last ten seconds after a scoreless last period and won the Olympic spot. Nowry said he didn't let it get him down because he knew he was going to have to focus on World University Team Trials.

"I ended up coming back and winning the University World Team spot," Nowry said. "I am really

excited for the tournament and am getting a lot of good training for that."

The University World Team Trials in early August also proved successful for the USOEC Greco-Roman team. In the seven weight classes, there were nine USOEC wrestlers in the final matches.

Four wrestlers left with spots on the World University Team: Nowry, junior Nick Alvarez at 66 kg, senior Mark Stenberg at 84 kg, and Erickson.

After winning University Nationals, Erickson won a bye to the World University Team Trials final match.

In the end, Erickson faced teammate Parker Betts who won the challenge tournament for the chance to wrestle Erickson for the University Team spot.

"There is a slight advantage to wrestling against a teammate because you know what you can and cannot do," Erickson said. "On the other hand, they know that too, so in the same sense, your teammate has an advantage as well."

Erickson said he came out sluggish for the first match but was still able to pull out a 1-0, 1-0, win.

"I came out more aggressive the second match and stayed in his face," Erickson said.

The game plan ended up paying off because Erickson won the

We are training full time and full steam ahead.

> — Rob Herrmann Greco-Roman head coach

final match 2-0, 1-0. He is now preparing for the World University tournament in October.

"I have had good international success so far and as I get older I want to keep improving," Erickson said. "I also cannot wait to see how I stack up against other students internationally."

Head USOEC Greco-Roman coach Rob Hermann said his team has been working hard and cannot wait to see more success from them. He had his athletes cut their summer short and come back to school early.

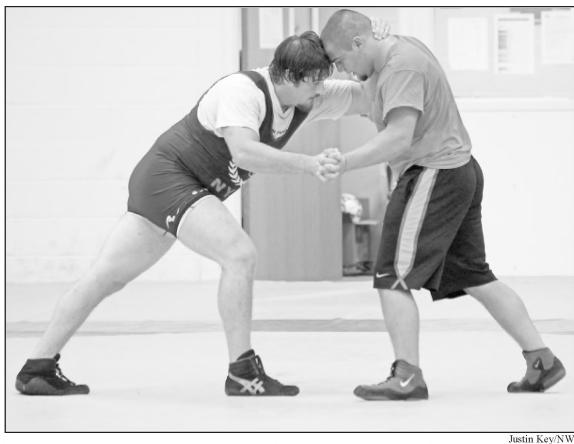
"We are training full time and full steam ahead," Hermann said. "We are a huge feeder program for USA Wrestling and I fully believe we have the 2016 team in our room."

Even with rumors and uncertainty about NMU dropping all of the USOEC teams, the Greco-Roman team's success over the summer and past year still recruited a record number of ath-

It turned out beneficial because USA Wrestling and NMU came to an agreement and ended up keeping the Greco-Roman team in Marquette.

"We have 14 new incoming freshman and transfers in addition to our full roster from last year," Hermann said. "Everyone has multiple training partners now that we are squeezing in 40 wrestlers in on three mats."

Herman said if he has to fit 60 wrestlers in on the three mats he



Justin Key/NW

Junior Toby Erickson (left) during action in practice earlier this week. Erickson's success over the summer earned him a spot on the World University Team. He will wrestle again in October at the World University tournament. Juniors Max Nowry, Nick Alvarez and senior Mark Stenberg also join Erickson on the World Team.

## Golf team gets in swing with home meet

By Karly Ratzenberger

staff writer

For the first time in four years. the men's golf team will start out its season with a home tournament. The 'Cats will be playing at Greywalls Marquette Golf Club, which is the only 36 hole course in the Upper Peninsula.

Sophomore Jared Reid said the team is very excited to participate in a home tournament this year.

"We are really looking forward to the home meet," Reid said. "We only get to host a tournament every four years so it is very important to us."

Head coach Dean Ellis said he is looking forward for the upcoming home meet as an opportunity to improve.

in the country," Ellis said. "It is Dylan Tervo, Colton Thewis and ments." always good for opposing teams Ayrton Mantha. to come up to Marquette to play. The course is in great shape so it should be a special event."

Unlike many other varsity sports, even the returning golfers must attend a tryout that will occur next weekend for the Wild-

"Everyone gets an equal chance to play and compete for the top five traveling squad," Reid said. "It is important to be the top five because you get to represent the school and travel with the team."

Along with Reid, the roster of golfers who will be participating in the tryout includes junior

"It is good to get on Grey- Adam Huss, sophomore Michael

Ellis said the team needs to add consistency to their level of play and is hopeful about the incoming players.

"We need to get some more quality depth in our program and I think we have done that with the amount of recruits we have brought in," Ellis said. "We need to get more consistent and I think that has happened."

Reid said the Wildcat's squad will be fairly young this year, and will need a bit of experience to be ready for this season.

"Everyone just needs to keep pushing each other to get better," Reid said. "I think everyone is

walls as one of the best courses Murphy, and three new freshmen, we start playing in the tourna- have one good meet, however, so

things about playing golf is they have the whole summer to practice and improve for the upcom-

"I played a lot and practiced a lot this summer," Reid said. "It is pretty nice that we can constantly play in different tournaments."

Last season, the 'Cats finished the Great Lakes Intercollegiate Athletic Conference men's golf championship in 12th place out of 12 teams with a final score of +102. Reid said he was a bit disappointed in the way the season turned out.

"I think we were planning on playing a bit better than we did

working to play better for when last season," Reid said. "We did we are hoping to take that mo-Reid said one of the good mentum into this year and play well in the fall."

> Despite the 'Cat's low finish, Ellis is positive about the performance of his team.

"I think we had some players who played really well, specifically returning players Jared and Mike," Ellis said. "We have a pretty good nucleus of guys coming back.

The 'Cats hope to improve their GLIAC standing this year and ask the student body to come out and support their team as they compete on their home turf in Wildcat Country on Thursday Sept. 6th through Saturday Sept.

20 The North Wind Thursday, Aug. 30, 2012 SPORTS

## Lady 'Cats soccer looks turns to youth

By Cody Boyer

staff writer

The Northern Michigan women's soccer team is preparing to hit the field, equipped with the new addition of freshmen athletes after the departure of eight seniors that led them to a 10-6-3 last season.

The Wildcats return to compete with a younger team, with 19 athletes out of 24 being underclassmen. The 'Cats have eight new faces added to their roster as they move forward into an 18-game schedule.

NMU Head coach Matt Granstrand said the team had a great preseason and is looking to keep working towards quality performances as he enters his ninth season coaching the 'Cats.

"With a large group of fresh faces and talent, it is always hard to say what the future might hold for the team," Granstrand said. "We are very young this year, but we had a great preseason and I feel great about the team, overall."

NMU begins their season this week against Minnesota-Duluth at the soccer complex behind the Superior Dome.

Granstrand said he is starting the season by focusing on where the team's current ability lies, and going against Minnesota-Duluth will help that.

"We always want to start off with a nationally ranked, qual-

ity team every year just to judge where we are," Granstrand said. "If we can compete with that team, then we should be ready to go."

The 'Cats posses top offensive returners as they push forward into this season. Sophomore Tevun Sellers held a constant position last season, scoring six goals and 12 points. Sophomore Kim Rietveld also returns after last year's consistent game attendances, starting all 19 games and scoring four goals.

Senior forward Amelia Johnson, who also started all 19 games, was a GLIAC second-team selection and led the 'Cats in shots with 46.

"The biggest thing that we are focusing on, with an underclassmen-laden team, is starting with the basics," Granstrand said. "We could beat or lose to any team that we play, but we have to play them first in order to do just that. T"

NMU's defensive aspects are just as prominent as their offensive ones. Senior Becky Fiorenza was a GLIAC first-team choice last season and a third-team selection for the National Soccer Coaches Association of America.

Junior Hollen helps to lead the pack as she started in all 18 games she appeared in. Experience and flexibility are given to the team with the presences of sophomores Haley Boroughf, Taylor Smith, Heather Amr, and Cheyenne Ce-



Justin Kev/NW

Senior midfielder Brekelle Sellers (9) advances the ball in a game against Bemidji State last season. Sellers, who enters her fourth season appeared in all 19 games for the Wildcats in 2011, recording one goal and three assists.

cchini, along with redshirt Zoe Tayler.

In terms of goalkeeping, sophomores Nicole Musi and Shelby Conard will be taking charge of the position. Conard redshirted with NMU last season.

Musi played midfield and forward last year, scoring two points for the team.

Freshmen Arianna Aliota, Sammi Schryer, Tiffany Trembley, Katie Lyders-Petersen, Gabrielle Garza, Helen Kiilunen, Siri Skogland and Lola Weiss have joined the ranks of the team this year.

Garza, Kiilunen and Skogland will play midfield. Beyrand is a defender, while Trembley and Lyders-Petersen can play both defender and midfield positions. Alioto and Schryer can give their abilities to forward and midfield, and Weiss will also be playing forward

"The trick is putting the new faces in positions that make us

a better team," Granstrand said. "We don't play any easy teams, while no team stands out above anybody. It'll be a work-in-progress, but I'm confident with everyone's abilities."

The Wildcats kick off their season at home on 5 p.m., Thursday, August 30 at the fields behind the Dome. On Friday, Sept. 1, NMU travels to Minnesota to take on Bemidji State. On Sunday, Sept. 3 the 'Cats play Minnesota-Crookston.

## Spikers revamp roster for fall season

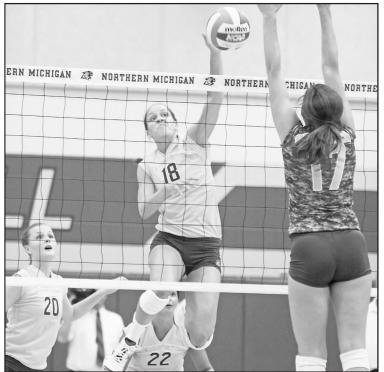
By Cody Boyer

staff writer

The Northern Michigan volleyball team is gearing up for the upcoming season with fresh players and higher goals leading the

The Wildcats return to the court with seven new freshmen and five returning letter-winning

athletes, having completed 2011 with their ninth straight victorious season. The 'Cats finished third in the GLIAC North Division and fifth overall. The team made a prominent season entrance at the Green and Gold intrasquad match that took place earlier this week, showcasing their fresh talent and enthusiasm for the upcoming year.



Justin Key/NW

Right setter Bailey Franklin (18) takes to the volleyball court after an All-American track and field career at NMU. She had three kills on Tuesday.

NMU head coach Dominic Yoder said the excitement of the season is not only felt by the team, but by all who support the team and himself.

"We are really excited about going forward into this season," Yoder said. "Pre-season has gone very, very well, and the team is competing at a much higher level than we initially expected. Our bar is raised and we are looking to do exactly what our team goals have always been."

NMU volleyball returns with three starters amongst the five letter-winning athletes. Junior left-side hitter Lina Lopes leads the Wildcats with 39 service aces, 240 kills, and 220 digs.

Lopes was also freshman of the year in 2010, and was selected as an honorable mention in the GLIAC.

Junior Kalli Herron, middle and left-side hitter, returns to the court after recording a 21.1 attack percentage as a starter last year and 159 kills.

Senior Jasmine Calhoun, who defended for the team with 23 blocks last year, will be returning for her final appearances as a Wildcat.

"This year, the team has gathered a lot more power to themselves," Yoder said. "They have a lot of competition, and we will

have to play scrappy at times. I feel really confident that we can pick our game up right where we left off."

Senior Andree Ring will return to the court to bring her experience to the benefit of the 'Cats, along with junior Sarah Hamilton. After leading the team in digs during the year of 2011, senior libero Kalin Zimmerman will be playing once again.

Sophomores Suzanne Solin, Elizabeth Zanone, and Kaitlyn Hoffman will also be appearing in the NMU lines, along with junior Katie Dzedzie.

Senior Bailey Franklin is making her return to the sport of volleyball after competing with NMU's track and field team for four years, where she became an All-American athlete a total of three times.

Franklin originally started out her time as a NMU athlete back in 2008 with the volleyball 'Cats.

Freshmen Kellisha Harley, Cayla Vimr, Alex Berger, Miranda Hilges, Bria Mays, Alexis Nelson, and Lisa Studnicka make up the seven newcomers that have arrived for the team.

Harley and Vimr previously played two years at Iowa Lakes Community College before coming to NMU, bringing their experience to the team. "I feel great about all of our newcomers," Yoder said. "We are going to be starting two of our freshmen right away, so our fresh talent will be appearing quickly in the matches to come."

The 'Cats are lined up to play 31 matches this season, including three tournaments and 10 home games

Yoder said the upcoming tournament at Ferris State will be the perfect opportunity for the team to show their competition what they are made of.

"The Ferris State Tournament will have us facing off in several matches against four Northeastern teams," Yoder said. "It's a regional match the first time around, but the three other matches are basically warm up games. Those will help us to get a feel of where we are this season."

Following the Ferris State Tournament, the 'Cats' schedule has the team competing in the Missouri S&T Classic in early September and the annual GLVC/GLIAC Crossover in Aurora, Ill.

At the Ferris State Tournament the 'Cats take on Minnesota-Crookston at 9 a.m. and Mercyhurst at 2 p.m. on Friday, Aug. 31.

At 9 a.m., Saturday, Sept, 1 NMU faces West Virginia State and at 3 p.m. of the same day they clash with Glenville.

## Cross country aims to climb in GLIAC

## High number of returning athletes sets high expectations for 'Cats

By Jon Young sports editor

With strong individual performances at last year's NCAA Regional and the core of the team returning, the NMU women's cross country has high expecta-

tions heading into 2012.



excited about the returning talent and the new athletes the team has added.

"I expect really good things," Ryan said. "I have some new freshmen coming in that are looking good."

The Wildcats also are getting a boost from junior Mallory Celaya who was injured last cross country season.

Celaya participated in track and field last season and was one of the 'Cats top performers in the 3,000-meter run. Ryan expects her to add to the team's depth.

"She's healthy this year and it's going to be her first year running cross country for NMU," Ryan said. "So I definitely expect a very strong team and I expect some really good things this

The 'Cats are also hoping to build off the success of sophomore runner Larissa Halonen's freshman season.

Halonen was the NMU's top finisher at the NCAA Regional last year, snagging 21st place.

"That was a great finish, she was just a freshman and it was her first year running cross country," Ryan said. "She was a track runner and a soccer player out of high school.

"She is looking good and I expect that she is going to equal or be better this season."

Halonen hopes that a year of experience and the summer training program Ryan laid out for the team will help improve her times even more.

"Last year was the first cross country season of my life and I was a rookie when it came to running hills and other rough terrain," Halonen said. "I feel as though I will build off of my experiences from last year and hopefully improve my times."

Also looking for a big year is senior captain Mandy Dye who placed 41st at NCAA Regional.

Dye spoke highly of the der them." team's mix of veterans and incoming runners.

"This year's team is the strongest distance team that Northern has had in many years," Dye said. "Coach Jenny works hard to put a summer training plan together for us and it is evident that our team 'did their homework' if you will."

Ryan put together a workout plan that helped the team build their stamina before switching to more speed workouts.

"They do a combination of distance," Ryan said. "Early summer they do a lot of distance running just to build up their base and then a little bit later in the summer they start doing intervals like hill workouts, so they can get stronger and add more intensity as they start to get ready for the racing season."

The hill workouts are helping prepare the 'Cats for their first meet at Michigan Tech, a course that Ryan hopes will test where they stand.

"It is a tough course, a lot of hills," Ryan said. "For me it's kind of a test to just check and see where everyone's at, how their fitness level looks and how they race and that is sort of a chance to get their first race un-

One goal Ryan has for her team is to finish in the top half of the conference.

That goal puts the Wildcats in prime position to make a push at an NCAA Championship birth.

In years past the top two teams from each region made the NCAA Championship.

This year it has been changed to three, in addition for each team in your region that finishes in top eight of championships you get another slot added.

Last season both Grand Valley and Ferris State did that. This gives the top five teams from NMU's region a chance to advance to the NCAA Champion-

"Last year we weren't that far off from top five and I think we're a stronger team and I think we're going to be pretty close," Ryan said.

Senior co-captain Rita Woitas said she is looking forward to helping both the team and individual improve this season.

"I'd like to cap off my running career with some personal records, but if that doesn't happen I'd be comforted knowing

This year's team is the strongest distance team that Northern has had in many years.

> - Mandy Dye senior runner

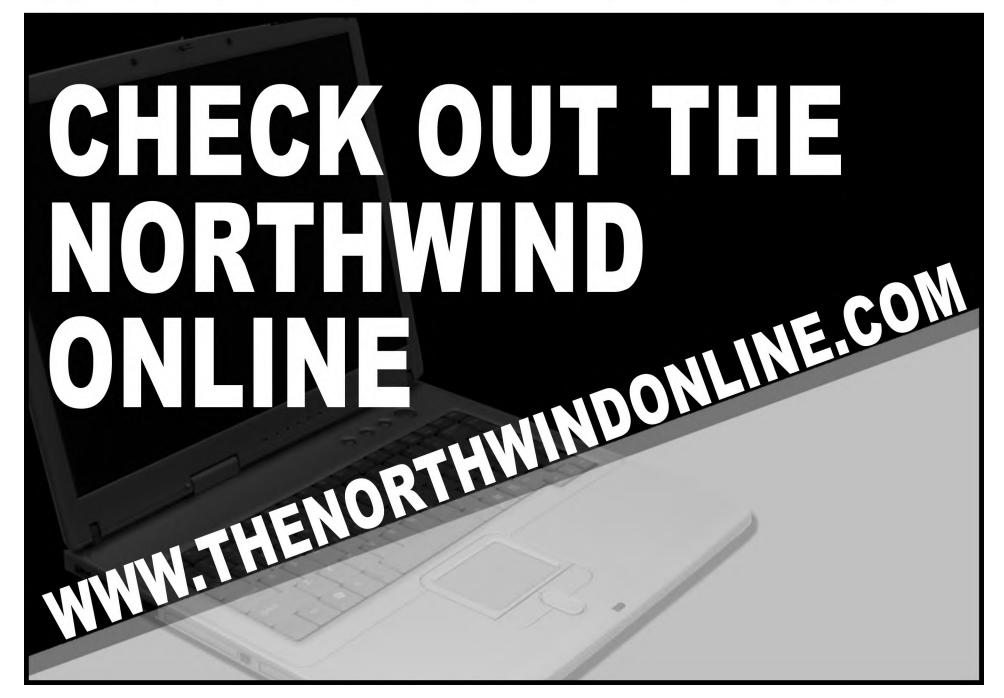
that I helped other reach personal records of their own," Woitas said. "I know as a team, we'd like to move up in the GLIAC standings which is a tough, yet doable task."

The 'Cats kick off their 2012 campaign at 3 p.m. Saturday, Aug. 31 as they travel to Michigan Tech to compete in the U.P. Collegiate Open.

Ryan said if the team can compete in the conference race they will be competitive in the regional as well.

"It's a really tough conference and it's going to be tough again this year," Ryan said. "Basically if you're in the top five of the conference you're going to be in the top six of the region."

The Wildcats have three more meets in Sept. before returning to NMU to host the U.P. Championship for their lone home match at 4 p.m. Friday, Oct. 12.



## Green sinks Gold in intra-sqaud match

By Cody Boyer

staff writer

The NMU volleyball team opened their season in style with the Green and Gold intra-squad match on Tuesday.

The 'Cats donned green and gold jerseys and faced off against each other in a standard three-set match, playing to fans, faculty and family to start off the athletic year with the whole community.

Head coach Dominic Yoder said he hopes the excitement of the intra-squad match will carry onward during the 2012 season.

"It's hard to say in words just how excited everyone is to get started once again," Yoder said. "We were 15-14 last season, so we are really working hard to make up any lost ground. The team has a lot more power to them, and they've really set the bar high."

The Green team swept their Gold teammates 25-23, 25-16 and 25-13. Freshman left-side hitter Lisa Studnicka said the team is bonding well in her first season.

"I'm extremely excited just to see how all of our hard work is going to pay off," Studnicka said. "Being my first year on the team, it was such a good feeling to discover just how accepting the returning athletes are. We have really strong bonding going on."

Studnicka made an immediate

impact in her first match, leading all Wildcats with nine kills. Yoder said the mix of veterans and incoming freshmen should help the team maintain their level of play from last season.

"This year, the team has gathered a lot more power to themselves," Yoder said. "They have a lot of competition, and we will have to play scrappy at times. I feel really confident that we can pick our game up right where we left off."

One of those veterans who hopes to help the team is junior middle-hitter Sarah Hamilton, who also chipped in seven kills for the Green 'Cats. Hamilton said the team has been working hard with a similar goal in mind.

"Everyone on the team is on board to win a championship," Hamilton said. "Every day in competition and practice we are working towards just that."

Junior setter Kellisha Harley led the Green squad with 31 assists. On the defensive side it was defensive-specialist freshman Alex Berger pacing the Green team with 15 digs while junior left-side hitter Lina Lopes chipped

Lopes said the team has developed a good chemistry on and off the court and the incoming mix of freshmen have gelled nicely with the returning core.

"I feel very excited about the upcoming season. We have nine new players joining us and they are all very good and well prepared players," Lopes said. "The team gets along really well outside and on the court."

The Gold squad was paced by junior left-side hitter Katie Dzedzie who recorded four kills and senior right-side hitter Bailey Franklin chipped in three. Sophomore setter Kaitlyn Hoffman led the defense with 12 assists. Junior defensive-specialist Suzanne Solin led the Gold 'Cats with eight

The Wildcats' are on the road

this weekend to play at the Ferris State Tournament in Big Rapids, Mich. At 9 a.m. on Friday, Aug. 31, the 'Cats take on Minnesota-Crookston before taking on Mercyhurst at 2 p.m. On Saturday, Sept. 1, NMU takes on West Virginia State at 9 a.m. and Glenville



Junior left-middle hitter Kalli Herron (17) sends a shot back over during the Wildcats intra-squad match on Tuesday. Herron recorded eight kills for the Green 'Cats en route to a sweep of the Gold team on Tuesday night.



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#### **Shout Outs**

AA and KE — Can't wait to go to church with you upon our return to Marquette! Life's dullish without you lovely ladies. Maybe a stroll to The Spot is in order. Or The Hill, or...the C-Mobile. Let's get crazy! — Fellow WC

**RII** — I'm so excited to see you this weekend! I'm sure it's going to be the best birthday yet! Love you! -- HF

Sea Star — Happy first week of classes!!! — H

**Adelle** — Thanks for the help. You are beautiful. Go to Alaska. Okay thanks! - EIC

Sara "Watson" Solberg Happy Birthday! We need to solve something now that you're on campus. Send me a cipher.

My roomie — Love love love living with you, and our cozy room! Can't wait to make memories. Love ya! — Your roomie

My Bridesmaids — New year, new fun, new memories, can't wait! love you girls!!! — Your Bridesmaid

**Sleep** — It's only the first week of school and I feel like we're growing apart. Come back to me.

**Breaking Bad** — You are the only thing work living for, save Taco Bell and Doritos. — Avid Fan

come on. Tuesday will be my fa- mmer. — Your fellow kitty cat vorite night of the week. Thanks for making my life better. -Major Fan

**Roomies** — You girls make my life happier. Love ya! — Shaina

Family — I cant wait to see you guys! Love you guys!! — Shai-

**Summer** — You are so hot. —

**Fall** — You're pretty chill yourself. I can't believe I'm leafing already. - Summer

**Adelle** — Go to Alaska, seriously Adviser

**Wyoming** — Talk to the mitten cause I'm already smitten. -Michigan

Caff-fiend — Hello...is it me your looking for? — Coffee

Staff — Catch me if you can! — PEZ — Amanda Buck Typos

**Neil Armstrong** — Thanks for making that small step that led us into an era of innovation. You will be missed. — Space Geek

Students — Get your noses out of your cell phones away and look around you. I've painted a beautiful canvas at NMU. — God

**The Printer** — We're about to go all "Office Space" on you. — NW

Matt Lauer — No one cares where you are. The part is wherever I'm at. That's why everyone is looking for me — Carmen Sandi-

Jeff Daniels - You're a better man than I. — Jack Daniels

Calvin — I don't know how to tell you you're schizophrenic without losing my job. — Hobbes

**Paul Ryan** — And people think we're cheesy.— Wisconsin Cows

**Life** — Stop being so confusing. — Confusing human

**The Squawl** — I put on for my dishes. — Jon Young

**RJ** — Track 6 all day. — **Jon** 

Jon Bloom — Now that I could into. — Jon Young

Brandon Frazho — He's done a great job in getting the Cats' baseball program established and going in the right direction. Appreciate the second chance to play hard ball again. GO Cats! — Eli W

**Fall Fest** — Thanks for the sugary swag. — **NMU Students** 

All my kitties — Let's feed each other milk on a saucer and roll **SOA** — I can not wait for you to around all day like we did this su-

> **Jillian Michaels** — I am the original inventro of the 30 day shred. - Jimi Hendrix

**NW Staff** — Awesome job! —

#### **Inspirations**

Ace of Base Adelle Taco Bell Rolling in the Deep Hannah Montana Midnight Diet Pepsi













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